

**389 ERIE CANAL DOUBLE CROSS      TAW 2011**  
**43 / 38 / 24 MILES    MOD / EZ      REV ES 8/20**  
**West Canal Marina, Tona Ck Rd, N Tonanawanda**

38 MI				43 MI				24 MI			
0.0	L		out of parking lot	0.0			out of parking lot	0.0	R		out of parking lot
0.2	R		TOWNLINE	0.2	R		TOWNLINE	1.5	L		2nd L, ramp to Bear Ridge
0.5	BR		TOWNLINE	0.5	R		CRESCENT	1.6	R		BEAR RIDGE
6.6	L		SAUNDERS STLMNT	0.6	S		TOWNLINE	6.3	R		FEIGLE
7.4	R		SHAWNEE	5.8	S		DILLER				x bridge, enter bikepath on L
8.8	L	T	UPPER MT RD	6.6	L	T	SAUNDERS STLMNT	9.5	L		LOCKPORT BYPASS (93)
8.9	R		SHAWNEE	8.1	R		BAER				exit bikepath, CAUTION
9.8	R	T	LOWER MT RD	9.6	L	T	UPPER MOUNTAIN	10.5	S		UPPER MOUNTAIN
11.7	L/R		LOWER MT RD	9.7	R		BAER	15.7	L		CAMBRIA
12.9	L		BUDD	10.5	R		LOWER MOUNTAIN	17.0	R	T	SAUNDERS STLMNT
14.0	R		SHUNPIKE	13.2	S		THRALL	17.4	L		DILLAR
16.3	L	T	SUNSET	13.2	L		GREEN	18.2	S		TOWNLINE
16.9	R	T	STONE	13.2	R		LOWER MOUNTAIN	23.4	L		to stay on TOWNLINE
18.1	S		OLD NIAGARA	14.4	L		BUDD	23.8	L	T	TONA CK N
20.4	S		COLD SPRINGS	16.6	R	T	RIDGE (104)	24.0	R		parking lot
20.9	L	T	CHESTNUT RIDGE	17.8	BR		STONE				
21.3	R		DAY	20.8	S		NIAGARA				
22.6	S		ERNEST	22.9	S		COLD SPRINGS				
23.3	R	T	LINCOLN EXT	23.5	L	T	CHESTNUT RIDGE (31)				
23.7	L		AKRON	24.2	BR		CHESTNUT RIDGE (77)				
23.9	S		BOWMILLER	25.3	R		KECK				
25.2	R	T	DYSINGER	27.6	R	T	AKRON				
25.3	L		CROSBY	27.7	L		OAK				
26.7	R		CROSBY	28.7	R	T	DYSINGER				
27.2	R		RAPIDS	30.0	L		CROSBY				
27.6	L		RAPIDS at RAYMOND	31.4	R	T	CROSBY				
28.8	L	T	TRANSIT	31.9	L		RAPIDS				
28.9	R		FISK	32.0	R		MINNICK				
30.9	S		FEIGLE	33.4	R	T	TONA CK N				
32.8	S		BEACH RIDGE	35.0	L	T	TRANSIT				
36.1	L	T	TOWNLINE	35.2	R		TONA CK S				
37.8	L		to stay on TOWNLINE	41.4	R		ramp to BEAR RIDGE				
38.1	L		TONA CK N	41.4	R		BEAR RIDGE, x bridge				
38.3	L		into parking lot	41.6	R		ramp to TONA CK N				
				41.7	R	T	TONA CK N				
				43.3			parking lot				

# 389 ERIE CANAL DOUBLE CROSS

- LONG
- - - MED
- ... SHORT

