

Niagara Frontier Bicycle Club, Inc.

NFBC NEWSLETTER

January/February 2015

We ride every day!

Volume 46, Issue 1



Dates to Remember

- February 20,
Spring Meeting
- February 28,
NFBC Membership
Renewals are due

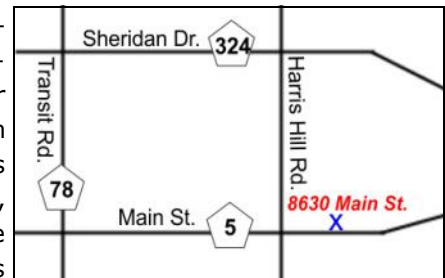
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www.nfbc.com

Spring Meeting to be held February 20

The NFBC Annual Spring General Meeting will be held at 7PM on Friday, February 20 at the Harris Hill Volunteer Fire Hall, located at **8630 Main St** in Clarence. This year's agenda includes announcements about the club trip, local "charity rides", and the schedule for club parties and events. Sign up as a weekend ride leader--ride packets for the 2015 season will be available. Pizza will be served.



Congratulations to 2014 Award Winners!

President's Award Ride Leader of the Year Volunteer of the Year Outstanding Service

Elaine Rubenstein
Liz Skelton
Jane Armbruster
Kathy Karnath

High Overall Mileage 1st Male High Mileage 1st Female High Mileage 2nd Male High Mileage 2nd Female High Mileage 3rd Male High Mileage 3rd Female High Mileage Most Rides 1st New Male 1st New Female 2nd New Male 2nd New Female 3rd New Male 3rd New Female

Julie Alsani, 4719 mi.
Bradshaw Hovey, 3819 mi.
Loren Danaher, 2447 mi.
Jack Rimlinger, 3678 mi.
Brenda Fischer, 2399 mi.
Ron Penton, 3506 mi.
Karen Sprada, 2236 mi.
Bob Lubelski, 3380 mi.
Fred Kobler, 1331 mi.
Victoria Rodriguez, 437 mi.
Michael Richards, 802 mi.
Jennifer Adolf, 320 mi.
David Dinkle, 759 mi.
Karen Regur, 283 mi.

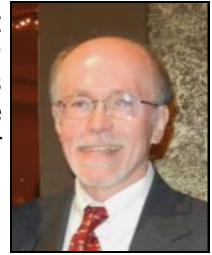
Accumulated Mileage 75,000 mi. club: Alex Setlik.
70,000 mi. club: Brad Chase. 65,000 mi. club: Ed Peters.
55,000 mi. club: Bob Alessi, Karen Sprada. 45,000 mi. club: Patrick Danaher, Diane Currie. 40,000 mi. club: Ian Currie. 30,000 mi. club: Paul Castle, Larry Reade. 25,000 mi. club: Brenda Fischer, Matt Luly, Janice Cochran, Gary Schlau. 20,000 mi. club: Rob Nowinski, Jim Karnath. 15,000 mi. club: Michael Dusing, Greg Heim, Jody Snyder, Carl Mach, Betsy Dexheimer, Terry Griswold. 10,000 mi. club: Julie Alsani, Bradshaw Hovey, Bob Lubelski, Richard Swank. 5,000 mi. club: Ron Penton, John Burnham, Ed Knab, Deanna Talmud, Joe Giovenco.



Dennis Powell will become *NFBC Newsletter* Editor

We are very pleased to announce that Dennis Powell will become the next Editor of the NFBC Newsletter, beginning with the March 2015 issue. A frequent writing contributor to the Newsletter, Dennis has long been the club's go-to guy for IT innovation and problem-solving, and all aspects of ride committee work. Retiring editor Elaine Rubenstein writes, "Dennis does a great job with

whatever he takes on for NFBC and he always does it in a way that enables others to do things better and more easily. We're very fortunate that he will be our next editor."



A New Venue for the 2014 NFBC Banquet — A Great Success!



The 2014 NFBC Banquet was held on November 15 at the club house at Diamond Hawk. The new venue worked well, giving the event a cozy, well-attended feel. The food and service were all first-rate, and

the complimentary dinner wine provided by Hazlett Vineyards was a real treat. Special thanks go to Kathy Karnath for arranging the successful event.

Promote Better Bicycling in Buffalo

By Janice Cochran

Here are two easy ways you can have a positive impact on bicycling in Buffalo this month:

Buffalo Bike Master Plan – give your feedback on the latest proposal for bike network infrastructure priorities within the City of Buffalo <http://www.buffalobikeplan.org/>

If NFBC members patronize any businesses in the City of Buffalo that are in need of a bike rack, you can encourage the business to request a bike rack **free of charge** through Go Bike Buffalo. For more information, <http://gobikebuffalo.org/programs/bike-parking-request-form/>

In Memoriam: Thomas Barone



Thomas Barone passed away after a brief illness on November 25, 2014 at Kenmore Mercy Hospital. Tom was a long-time cyclist who rode both recumbent and "upright" bicycles with our club. He designed and led several very popular trips for NFBC, as well as off-season rides. In recent years his intense, infectious enthusiasm was divided between bicycling and white water kayaking. Paula Jack, Tom's life partner, and a few of his close friends are planning an outdoor memorial get-together this spring for Tom's friends, bicycling and kayak, to celebrate his life. We will announce this to NFBC in a few months.

In Memoriam: Alex Setlik



Alexander W. Setlik passed away in North Tonawanda on Tuesday November 18, 2014. Alex was an avid cyclist, long-time NFBC member, and the most prolific ride designer our club has ever known. He created over 75 weekend rides currently on the NFBC list, as well as countless north towns week day morning rides and the rides for many of our club trips. At the end of the 2014 season, Alex reached the accumulated mileage milestone of 77,187 miles, the highest any club member has attained. Many NFBC members paid their respects at Alex's funeral and wake.

NFBC Standings - Page 1 of 46 - (Printed 1/22/2015)

Mem#	#Rides	Total Miles	Rider Name	Mem?	Award(s)	MemMI	RankO/A	NewMI	RankNew	Accum	RankAccum
2297	150	4719	Julie Alsani	R	1st Overall 10,000 Club 4,000 Certificate	4719	1		::	13467	82
2515	116	3819	Bradshaw Hovey	R	1st Male 10,000 Club 3,000 Certificate	3819	2		::	12271	89
2582	125	3678	Jack Rimlinger	R	2nd Male 3,000 Certificate	3678	3		::	13787	78
2696	136	3506	Ron Penton	R	3rd Male 5,000 Club 3,000 Certificate	3506	4		::	5427	143
2487	137	3380	Robert Lubelski	R	Most Rides 10,000 Club 3,000 Certificate	3380	5		::	11314	100
169	110	3001	Ed Peters	R	3,000 Certificate 65,000 Club	3001	6		::	66678	3
40	98	2856	Alex Setlik	R	2,000 Certificate 75,000 Club	2856	7		::	77187	1
212	106	2829	Paul Castle	R	2,000 Certificate 30,000 Club	2829	8		::	30087	28
71	112	2756	Bob Silkes	R	2,000 Certificate	2756	9		::	54121	7
1513	86	2708	Robert Nowinski	R	2,000 Certificate 20,000 Club	2708	10		::	20954	47
1434	75	2608	Fred Marcheson	R	2,000 Certificate	2608	11		::	18411	60
503	102	2607	Michael Dusing	R	2,000 Certificate 15,000 Club	2607	12		::	16444	68
1079	86	2536	Fred Talmud	R	2,000 Certificate	2536	13		::	9353	106
957	72	2447	Patrick Danaher	R	2,000 Certificate 45,000 Club	2447	14		::	46698	10
2364	72	2447	Loren Danaher	R	1st Female 2,000 Certificate	2447	14		::	18763	56
1788	81	2399	Brenda Fischer	R	2nd Female 25,000 Club 2,000 Certificate	2399	16		::	26911	33
432	87	2236	Karen Sprada	R	3rd Female 55,000 Club 2,000 Certificate	2236	17		::	56443	5
1870	76	2233	Frank Soltiz	R	2,000 Certificate	2233	18		::	23608	39
123	86	2207	Bob Alessi	R	2,000 Certificate 55,000 Club	2207	19		::	56962	4
972	72	2192	Jim Karnath	R	2,000 Certificate 20,000 Club	2192	20		::	20012	49
2616	79	2184	John Burnham	R	2,000 Certificate 5,000 Club	2184	21		::	5752	139
973	74	2152	Kathy Karnath	R	Outstanding Service Award 2,000 Certificate	2152	22		::	19158	53
165	88	2030	Brad Chase	R	2,000 Certificate 70,000 Club	2030	23		::	70468	2
257	73	2014	Ian Currie	R	2,000 Certificate 40,000 Club	2014	24		::	41964	14
306	71	1997	Diane Currie	R	1,000 Certificate 45,000 Club	1997	25		::	45890	11
1270	55	1889	Gary Schlau	R	1,000 Certificate 25,000 Club	1889	26		::	25440	37
1728	71	1791	Barbara A. Kurtz	R	1,000 Certificate	1791	27		::	12172	90
61	74	1782	Lori Harf	R	1,000 Certificate	1782	28		::	54588	6
2777	64	1772	JoAnn Blatner	R	1,000 Certificate	1772	29		::	2538	186
703	67	1745	Arlene Lepie	R	1,000 Certificate	1745	30		::	39158	15
2391	60	1722	Richard Tesmer	R	1,000 Certificate	1722	31		::	8486	111
1447	58	1712	Thomas A. Williams	R	1,000 Certificate	1712	32		::	19742	51
2248	50	1688	Peg Walker	R	1,000 Certificate	1688	33		::	12920	86
1793	60	1675	Edward J. Knab	R	1,000 Certificate 5,000 Club	1675	34		::	5122	148
2583	47	1667	Barry Sternberg	R	1,000 Certificate	1667	35		::	4822	151
1739	59	1650	Richard Parker	R	1,000 Certificate	1650	36		::	7135	126

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Mem#	#Rides	Total Miles	Rider Name	Mem?	Award(s)	MemMi	RankO/A	NewMi	RankNew	Accum	RankAccum
1536	72	1642	Greg Heim	R	1,000 Certificate 15,000 Club	1642	37		::	15177	73
130	50	1638	John King	R	1,000 Certificate	1638	38		::	17393	64
2181	51	1596	Darrell Skelton	R	1,000 Certificate	1596	39		::	12958	85
2718	50	1594	Joseph Powers	R	1,000 Certificate	1594	40		::	3713	162
265	52	1582	Gary Stevens	R	1,000 Certificate	1582	41		::	53373	8
1249	51	1557	Matthew Luly	R	1,000 Certificate 25,000 Club	1557	42		::	25496	35
235	55	1529	Joseph Pizzuto	R	1,000 Certificate	1529	43		::	27431	32
1080	55	1508	Deanna Talmud	R	1,000 Certificate 5,000 Club	1508	44		::	6224	134
2775	59	1491	Eva Horvath	R	1,000 Certificate	1491	45		::	1991	206
110	53	1484	John Kozinski	R	1,000 Certificate	1484	46		::	24828	38
2246	64	1475	Terry Turski	R	1,000 Certificate	1475	47		::	8350	112
2547	56	1467	Tom Hochworte	R	1,000 Certificate	1467	48		::	3569	164
939	35	1463	Tim Cleary	R	1,000 Certificate	1463	49		::	12885	87
2284	52	1456	Gerry Russell	R	1,000 Certificate	1456	50		::	3096	173
59	64	1452	Larry Reade	R	1,000 Certificate 30,000 Club	1452	51		::	30872	27
702	52	1448	Richard Lepie	R	1,000 Certificate	1448	52		::	33519	24
1629	42	1420	Bill Harrington	R	1,000 Certificate	1420	53		::	9313	107
1884	61	1412	Paul D. Aquila	R	1,000 Certificate	1412	54		::	17624	63
1691	40	1378	Jody Snyder	R	1,000 Certificate 15,000 Club	1378	55		::	15772	72
2646	42	1368	Vicky Perry	R	1,000 Certificate	1368	56		::	2934	175
2147	43	1363	Michael Maher	R	1,000 Certificate	1363	57		::	11589	93
2716	49	1350	Derrick Wojcik	R	1,000 Certificate	1350	58		::	2889	177
2855	41	1331	Fred Kobler	N	1st New Male 1,000 Certificate	1331	59	1331	1	1331	232
1885	32	1306	Carl Mach	R	1,000 Certificate 15,000 Club	1306	60		::	16285	70
2731	43	1302	Richard Amantia	R	1,000 Certificate	1302	61		::	2213	198
16	44	1273	David Gonzalez	R	1,000 Certificate	1273	62		::	36987	19
2757	44	1273	Don Crane	R	1,000 Certificate	1273	62		::	2332	196
1537	40	1272	Janice Cochran	R	1,000 Certificate 25,000 Club	1272	64		::	25478	36
2617	55	1270	Michelle Lynn Bates	R	1,000 Certificate	1270	65		::	3816	159
2059	38	1249	Steve Forrestel	R	1,000 Certificate	1249	66		::	9550	105
170	49	1239	Pat Peters	R	1,000 Certificate	1239	67		::	38814	18
2063	42	1224	Benjamin Badagliacca	R	1,000 Certificate	1224	68		::	4885	150
2685	53	1217	Steve Papapanu	R	1,000 Certificate	1217	69		::	2573	184
1138	31	1213	Lincoln Blaisdell	R	1,000 Certificate	1213	70		::	18790	55
461	52	1204	Barbara Reade	R	1,000 Certificate	1204	71		::	34678	23
662	42	1190	Cynthia Adams	R	1,000 Certificate	1190	72		::	19923	50
1374	41	1167	Joe Giovenco	R	1,000 Certificate 5,000 Club	1167	73		::	5317	146
2652	47	1135	Ronald Stefanski	R	1,000 Certificate	1135	74		::	2034	202
122	44	1121	Susan Alessi	R	1,000 Certificate	1121	75		::	32100	26
1490	42	1118	Jim Murray	R	1,000 Certificate	1118	76		::	1185	241
1349	41	1096	Jane Armbruster	R	Volunteer Of The Year Award 1,000 Certificate	1096	77		::	11366	99
1794	40	1082	Sophie Knab	R	1,000 Certificate	1082	78		::	2957	174
1514	34	1080	Jeff Baker	R	1,000 Certificate	1080	79		::	11507	95
1515	33	1058	Kathy Baker	R	1,000 Certificate	1058	80		::	13656	79
1226	43	1052	Sandy Nobel	R	1,000 Certificate	1052	81		::	16467	67
2579	32	1044	Mike de Freitas	R	1,000 Certificate	1044	82		::	2722	179
2760	41	1044	David Brown	R	1,000 Certificate	1044	82		::	1438	225
78	42	1006	Betsy Dexheimer	R	1,000 Certificate 15,000 Club	1006	84		::	15857	71
2542	38	1003	Charles Grammer	R	1,000 Certificate	1003	85		::	7230	124

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Mem#	#Rides	Total Miles	Rider Name	Mem?	Award(s)	MemMI	RankO/A	NewMI	RankNew	Accum	RankAccum
2586	22	1000	Pat Carroll	R	1,000 Certificate "I Rode Exactly 1,000 NFBC Miles" Award	1000	86		::	3224	171
2762	38	997	Elena Cala	R		997	87		::	1526	221
1632	33	982	Richard Swank	R	10,000 Club	982	88		::	10357	101
2701	38	977	Jack Coombs	R		977	89		::	2739	178
2106	27	916	Mohamed Zeid	R		916	90		::	13569	81
2316	32	909	Brigitte Soltiz	R		909	91		::	8070	115
900	30	890	Tris Orzech	R		890	92		::	22709	43
2039	31	890	Sean McGovern	R		890	92		::	6699	129
2769	32	886	Jenny Boggio	R		886	94		::	2011	205
1576	37	884	Elaine Rubenstein	R	President's Award	884	95		::	18641	58
1396	24	870	Terry Griswold	R	15,000 Club	870	96		::	15119	74
1119	23	857	Dennis Powell	R		857	97		::	18293	61
1397	23	843	Lucinda Griswold	R		843	98		::	14640	75
2112	29	828	Dan Murdock	R		828	99		::	9632	104
2867	25	802	Michael Richards	N	2nd New Male	802	100	802	2	802	261
2535	21	793	Mark Ballachino	R		793	101		::	2911	176
1992	27	787	John McGuire	R		787	102		::	4112	157
2809	22	759	David Dunkle	N	3rd New Male	759	103	759	3	936	254
2340	31	708	Valerie Aronson	R		708	104		::	4108	158
2503	21	702	Sandy Bunn	R		702	105		::	7627	120
2091	25	695	Karen Ostrum	R		695	106		::	14384	77
2346	26	684	Richard McCarthy	R		684	107		::	3529	165
2554	27	682	James Turner	R		682	108		::	1980	207
1122	20	667	Marty Payne	R		667	109		::	21073	46
2791	20	665	Marion Sikora	R		665	110		::	1190	239
1255	25	664	Gordon Deitrick	R		664	111		::	22592	44
2256	23	644	Jeff Raugh	R		644	112		::	3365	168
80	27	643	Bruce Jansen	R		643	113		::	49349	9
245	22	633	Robert Puleo	R		633	114		::	32806	25
118	27	633	Bill Tambacas	R		633	114		::	23504	40
2792	18	591	Janet Sikora	R		591	116		::	1065	246
1966	19	589	Bill Dowling	R		589	117		::	9136	108
378	26	585	Rebecca Ribis	R		585	118		::	36823	20
757	22	572	Bruce Kennedy	R		572	119		::	22782	42
234	25	571	James Sawyer	R		571	120		::	34807	22
2165	23	546	Eric Braun	R		546	121		::	1683	215
2772	17	543	Bridget Baumer	R		543	122		::	798	262
1120	18	542	Janice Powell	R		542	123		::	7138	125
2740	17	536	Kevin Cheng	R		536	124		::	1505	223
1572	22	529	Mark Subjeck	R		529	125		::	6069	136
1038	21	527	John Lamarca	R		527	126		::	11403	97
2739	24	518	Joe Buckle	R		518	127		::	1201	238
2745	18	494	Ken Tocha	R		494	128		::	1583	218
1592	18	490	Steve Dunlap	R		490	129		::	5727	140
1340	17	487	Jim Kuberka	R		487	130		::	23259	41
459	19	475	Christine Luly	R		475	131		::	5486	142
2941	15	456	Daniel Brooks	N		456	132	456	4	456	287
2236	13	456	Michelle Smith	R		456	132		::	6123	135
2788	13	447	Paul Schaefer	R		447	134		::	931	255
2892	13	437	Victoria Rodriguez	N	1st New Female	437	135	437	5	437	292
1488	14	428	Peter S. Swartwout	R		428	136		::	7499	122
2577	16	428	David Arlington	R		428	136		::	1419	226
29	17	421	Marion Reslow	R		421	138		::	19566	52
2381	13	414	Don Kirst	R		414	139		::	1844	213
2680	13	406	Gil Wolfe	R		406	140		::	1064	247
879	9	397	Frank DeDomenico	R		397	141		::	18573	59
2764	14	380	Steve Danitz	R		380	142		::	836	258
2893	14	375	Bob Krug	N		375	143	375	6	375	298
2606	11	359	Sandy Walters	R		359	144		::	2130	199
2382	13	356	Sandra Kaminski	R		356	145		::	5403	144
1104	13	349	Steve Pusatier	R		349	146		::	5706	141
1868	13	345	Susan Stemerman	R		345	147		::	7520	121

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Mem#	#Rides	Total Miles	Rider Name	Mem?	Award(s)	MemMI	RankO/A	NewMI	RankNew	Accum	RankAccum
2072	11	345	Al Browne	R		345	147		::	902	256
1602	13	343	Thomas Barone	R		343	149		::	20398	48
2765	13	343	Rob Collard	R		343	149		::	635	274
2578	13	339	Annie Schuster	R		339	151		::	4403	155
1466	10	327	Charles J. LaChiusa	R		327	152		::	3229	170
2751	11	327	Douglas Eberhard	R		327	152		::	741	264
1659	13	325	Adrienne McDonough	R		325	154		::	11382	98
2806	9	324	Paul Persia	N		324	155	324	7	386	296
443	12	324	Tim Leach	R		324	155		::	18852	54
2597	11	321	Patricia Betcher	R		321	157		::	557	280
2878	13	320	Jennifer Adolf	N	2nd New Female	320	158	320	8	320	303
2843	12	320	Todd Snider	N		320	158	320	8	320	303
2092	10	314	Gary Ostrum	R		314	160		::	8734	110
2113	8	312	Amy Murdock	R		312	161		::	5847	138
104	17	306	Marty Viggato	R		306	162		::	5308	147
28	11	300	Roy Tocha	R		300	163		::	42351	13
1769	11	291	Loren Wehling Jr.	R		291	164		::	8288	113
2477	9	291	Bryan Hopkins	R		291	164		::	2584	183
2927	9	282	Steven Johnson	N		282	166	282	10	282	309
1278	10	280	Frank J. LaMarca	R		280	167		::	6496	131
2667	8	264	Paul Rossi	R		264	168		::	1292	234
2657	10	259	Raymond Fales	R		259	169		::	1028	250
1960	5	245	Dan Schwenk	R		245	170		::	2497	190
2537	7	241	Randall Shortridge	R		241	171		::	1913	211
926	10	241	Barbara Palazzo	R		241	171		::	1136	243
2829	11	236	Eugene Melnyk	N		236	173	236	11	236	316
2841	9	233	Karen Reger	N	3rd New Female	233	174	233	12	233	317
2850	9	231	Marie Drake	N		231	175	231	13	231	318
1201	5	231	James Krakowiak	R		231	175		::	231	318
2257	11	228	David Marcinkowski	R		228	177		::	1516	222
1942	9	221	Fred Wisniewski	R		221	178		::	1537	220
2906	8	219	Donald Dimitroff	N		219	179	219	14	219	321
2815	6	214	Robert Kozlowski	N		214	180	214	15	214	323
2245	6	213	Sandy Wallace	R		213	181		::	1933	210
1639	7	205	Kenneth Newbury	R		205	182		::	483	284
2916	8	202	John Jansen	N		202	183	202	16	202	326
2585	7	201	Judy Carroll	R		201	184		::	345	299
2926	7	200	Dale Kurasiewicz	N		200	185	200	17	200	327
2929	5	193	Adam Wojcik	N		193	186	193	18	193	329
1187	7	191	Sally Holmes	R		191	187		::	8066	116
2548	8	191	Michelle Sahli	R		191	187		::	688	269
2676	9	191	Aaron Slosman	R		191	187		::	403	294
2914	10	189	Gary Talboys	N		189	190	189	19	189	330
651	7	189	John Tjahjadi	R		189	190		::	4699	153
1961	4	184	Kathy Schwenk	R		184	192		::	2404	193
2869	8	183	Nancy Krzyzanowski	N		183	193	183	20	183	331
1195	7	179	Ronald Wakefield	R		179	194		::	18681	57
295	7	179	Larry Lazzaro	R		179	194		::	5893	137
1339	7	175	Evalyn Katz	R		175	196		::	732	265
977	4	168	Greg Eberhardt	R		168	197		::	5376	145
34	5	166	Bob Ehrheart	R		166	198		::	11516	94
2380	7	163	Andrew Moynihan	R		163	199		::	2021	203
2309	6	163	John W. Barclay	R		163	199		::	677	270
2609	6	163	David Hoover	R		163	199		::	339	300
2824	6	160	Daniel Brudz	N		160	202	160	21	160	335
2722	4	155	Jonathan Bobowicz	R		155	203		::	988	252
2302	8	154	Andre Lam	R		154	204		::	1033	249
737	6	151	Keith Udut	R		151	205		::	4925	149
2862	4	145	Jay Blanchard	N		145	206	145	22	145	338
2673	6	145	Nancy L. Sweeney	R		145	206		::	2542	185
1375	5	140	Robert J. Mahaney	R		140	208		::	16516	66
2648	6	140	Annette Brzezicki	R		140	208		::	1607	217
2684	6	138	Jim Ingham	R		138	210		::	211	325
2887	5	137	Eric Lee	N		137	211	137	23	137	339
2476	6	134	Tim Gelder	R		134	212		::	134	341
2177	4	133	Joann Cronenberg	R		133	213		::	3812	161

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Mem#	#Rides	Total Miles	Rider Name	Mem?	Award(s)	MemMI	RankO/A	NewMI	RankNew	Accum	RankAccum
2600	5	130	Shyri Marazita	R		130	214		::	484	282
575	4	126	John Clauss	R		126	215		::	11972	92
1183	4	125	John Herman	R		125	216		::	10291	102
2798	5	125	Kate Hood	R		125	216		::	125	346
2104	4	124	Greg Wiltrout	R		124	218		::	449	288
2931	4	121	Daniel Palumbo	N		121	219	121	24	121	349
1369	4	119	Cindy Stachowski	R		119	220		::	13401	83
2726	5	119	Doug Waite	R		119	220		::	119	350
2919	2	118	Brent Thurn	N		118	222	118	25	118	351
2943	2	114	Daniel Jones	N		114	223	114	26	114	352
433	4	113	Paul Sprada	R		113	224		::	7687	119
2904	4	109	Nancy Holzerland	N		109	225	109	27	109	353
2787	3	109	David Rosenthal	R		109	225		::	806	260
233	4	107	Jim Micket	R		107	227		::	12130	91
950	3	106	Traci Cummings	R		106	228		::	7911	118
2396	4	105	Murray Covello	R		105	229		::	477	285
2776	5	103	William Horvath	R		103	230		::	128	342
2250	4	102	Pamela Walker	R		102	231		::	2528	188
2308	6	98	Wolfgang Buechler	R		98	232		::	2126	200
2807	3	97	Deb Persia	N		97	233	97	28	123	348
2894	3	94	John Bullock	N		94	234	94	29	94	355
2186	3	94	Bradley Russell	R		94	234		::	1390	229
2845	3	92	Charles Heinrich	N		92	236	92	30	92	356
2912	3	92	Adam Cannavo	N		92	236	92	30	92	356
2928	4	86	Dennis Pack	N		86	238	86	32	86	358
1633	3	84	Kathryn Swank	R		84	239		::	957	253
2741	2	82	Dianne Gilleece	R		82	240		::	239	315
2849	3	81	James Galbo	N		81	241	81	33	81	359
2848	3	80	David Goldbach	N		80	242	80	34	80	360
2907	3	78	Lisa Tierney	N		78	243	78	35	78	361
2743	3	77	Thomas Gilmartin	R		77	244		::	438	291
2932	3	75	Sean Sanders	N		75	245	75	36	75	362
2781	3	74	Phylliss Newman	R		74	246		::	219	321
2054	3	73	Mark Tittle	R		73	247		::	1232	236
2794	2	73	Alisa Mertens	R		73	247		::	128	342
2842	2	71	Jerry Reger	N		71	249	71	37	71	363
2771	3	71	Joseph Wukovits	R		71	249		::	396	295
2478	2	70	Jewell Wright	R		70	251		::	618	276
2882	3	69	Judy Weitz	N		69	252	69	38	69	365
858	2	69	Peter Ziolo	R		69	252		::	18116	62
2593	4	68	Ross Bamford	R		68	254		::	182	332
2889	3	66	John Ficara	N		66	255	66	39	66	368
2317	3	66	Vincent Shaw	R		66	255		::	3504	166
476	3	66	Ellen Lawson	R		66	255		::	2659	181
2897	2	65	Armand Morrison	N		65	258	65	40	65	369
35	3	65	Jean Frederick	R		65	258		::	43579	12
2885	2	64	Sandra Nadrowski	N		64	260	64	41	64	370
2903	2	64	Paul Treharne	N		64	260	64	41	64	370
2448	2	63	Anne Bennett	R		63	262		::	303	306
2930	1	61	Allen Dise	N		61	263	61	43	61	372
2544	2	61	George Sinclair	R		61	263		::	439	290
2833	2	58	Thomas Robinson	N		58	265	58	44	58	374
2164	2	57	Nick Roth	R		57	266		::	666	272
1262	2	56	Gretchen Wisor	R		56	267		::	3653	163
2905	2	54	Kathie DiGiore	N		54	268	54	45	54	376
1874	2	54	Kathleen O'Connor	R		54	268		::	2653	182
1542	2	53	Joseph R. Haun	R		53	270		::	328	302
2937	2	52	William Svensson	N		52	271	52	46	52	377
33	2	52	Jill Biniszkiewicz	R		52	271		::	12325	88
1959	2	51	Joe Pautler	R		51	273		::	4432	154
2830	2	50	Betsy White	N		50	274	50	47	50	379
2831	2	50	Mary Hoffman	N		50	274	50	47	50	379
2881	2	50	Lee Weitz	N		50	274	50	47	50	379
2898	2	50	Lori Morrison	N		50	274	50	47	50	379
1000	1	48	Valerie Lonzi	R		48	278		::	4788	152
409	1	48	Thomas Lonzi	R		48	278		::	1396	228

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Mem#	#Rides	Total Miles	Rider Name	Mem?	Award(s)	MemMI	RankO/A	NewMI	RankNew	Accum	RankAccum
571	1	46	Ron Spohn	R		46	280		::	2536	187
1712	1	46	Michael Kazinski	R		46	280		::	1880	212
2156	2	46	Carol Lynn Stevens	R		46	280		::	540	281
2204	2	46	Laurie Seier	R		46	280		::	484	282
2754	1	46	Robert Polichette	R		46	280		::	198	328
2664	1	45	Andrew Gow	R		45	285		::	1063	248
2874	2	42	Kyeung Lee	N		42	286	42	51	42	387
2421	2	42	Margaret Rockwood	R		42	286		::	3367	167
2318	2	41	Laurie Shaw	R		41	288		::	2513	189
2911	1	40	Samantha Nelson	N		40	289	40	52	40	390
2942	1	38	Anna Milone	N		38	290	38	53	38	391
2844	1	37	Nicholas Papagni	N		37	291	37	54	37	392
12	1	37	Jim Vozga	R		37	291		::	34936	21
2886	1	36	Ineke Van de Vijver	N		36	293	36	55	36	393
882	1	36	Roy Svensson	R		36	293		::	416	293
2103	1	34	Kathleen Wiltout	R		34	295		::	254	314
2933	1	33	William Loecher	N		33	296	33	56	33	397
2674	1	33	George Hofheins	R		33	296		::	266	312
2832	1	31	Bridget Roberts	N		31	298	31	57	31	398
657	1	31	Sean Mc Atee	R		31	298		::	457	286
1906	1	30	Paul Kay	R		30	300		::	3814	160
2358	1	30	James Knab	R		30	300		::	2440	192
1439	1	30	Peter Cummings	R		30	300		::	2341	195
1250	1	30	Thomas Jordan	R		30	300		::	1498	224
2661	1	29	Craig Alf	R		29	304		::	745	263
2654	1	29	Mary Domanski	R		29	304		::	29	399
2925	1	28	Mary Ann Kotusiak	N		28	306	28	58	28	400
1198	1	28	Sarah Wakefield	R		28	306		::	1373	230
2669	1	28	Charles Gow	R		28	306		::	1209	237
2780	1	28	Harry Newman	R		28	306		::	273	311
1591	1	27	April Dunlap	R		27	310		::	7961	117
2879	1	26	Bruce Haydon	N		26	311	26	59	26	403
2884	1	26	Margaret Lynch	N		26	311	26	59	26	403
2888	1	26	Cindy Dominske	N		26	311	26	59	26	403
639	1	26	James Mathews	R		26	311		::	11424	96
2414	1	26	Chris Smith	R		26	311		::	592	277
160	1	25	Walter Schmidt	R		25	316		::	10241	103
2613	1	25	Jeffrey White	R		25	316		::	719	266
2338	1	25	Jay A. Pohlman	R		25	316		::	633	275
384	1	24	Mary Ann Waldman	R		24	319		::	6433	132
2170	1	24	Paul Randall	R		24	319		::	2708	180
2805	1	23	Stephen Downing	N		23	321	23	62	23	408
2445	1	23	Joseph Rizzo	R		23	321		::	1736	214
220	1	22	Mary Alice Tocke	R		22	323		::	14601	76
2262	1	22	Ken Kieliszek	R		22	323		::	1015	251
2637	1	22	Julia Foy	R		22	323		::	22	409
1798	1	21	Dean Stevens	R		21	326		::	1104	245
2350	1	21	James Kay	R		21	326		::	150	336
2852	1	20	John Mosychuk	N		20	328	20	63	20	410
2486	1	20	Rachel Struckman	R		20	328		::	1632	216
2511	1	20	Christian Tjahjadi	R		20	328		::	575	278
2819	1	19	Christine Voit	N		19	331	19	64	19	411
2868	1	18	John Krzyzanowski	N		18	332	18	65	18	413
2846	1	16	Paul Perrello	N		16	333	16	66	16	414
2749	1	15	Jeff Kramer	R		15	334		::	71	363

General Statistics—Summary of Present and Past

NFBC General Statistics for year to date	2014	Change	History	Change	History	Change	History	Change	History
Ride Sheets posted to 11/6/2014	News	13 to 14	Nov-13	12 to 13	Nov-12	11 to 12	Nov-11	10 to 11	Nov-10
Total Number of Miles Ridden by ALL riders:	230,305	-10%	256,047	2%	250,868	16%	216,431	3%	210,335
Total Number of Miles Ridden by NFBC Members:	209,161	-9%	229,025	6%	216,981	8%	200,298	5%	190,376
Total Number of Miles Ridden by NEW Members:	10,468	-46%	19,368	22%	15,869	-7%	17,121	76%	9,721
Total Number of Miles Ridden by Guests:	21,144	-22%	27,022	-20%	33,887	110%	16,133	-19%	19,959
Total Number of Riders to date (all, incl. guests):	8,087	-8%	8,773	1%	8,662	18%	7,347	1%	7,270
Total Number of Riders to date (guests only):	758	-20%	951	-23%	1,229	126%	545	-17%	654
Total Number of Riders to date (renewed members):	6,974	-3%	7,157	4%	6,892	10%	6,270	0%	6,292
Total Number of Riders to date (new members):	355	-47%	665	23%	541	2%	532	64%	324
Total Number of Riders to date (all members):	7,329	-6%	7,822	5%	7,433	9%	6,802	3%	6,616
Total Number of Renewal Members in NFBC:	364	6%	342	9%	313	-7%	338	-1%	341
Total Number of New Members in NFBC:	147	44%	102	-9%	112	11%	101	5%	96
Number of Inactive Members (non-renewals):	2,434	3%	2,369	3%	2,300	5%	2,181	5%	2,084
Number of Permanent MemberIDs Assigned:	2,945	4.7%	2,813	3.2%	2,725	4.0%	2,620	3.9%	2,521
Total Number of Paid Members in NFBC:	511	15%	444	4%	425	-3%	439	0%	437

NFBC Annual Awards—Summary of Present and Past

Annual NFBC Award Category	2014		2013		2012		2011 Season		2010 Season	
	Rider	Miles	Rider	Miles	Rider	Miles	Rider	Miles	Rider	Miles
First Overall	Julie Alsani	4719	Robert Nowinski	5760	Jack Rimlinger	3718	Patrick & Loren Danaher (exact tie)	3519	Loren Tretyakov	3349
First Male Rider	Bradshaw Hovey	3819	Jack Rimlinger	4533	Patrick Danaher	3596	Mohamed Zeid	3224	Michael Dusing	3340
First Female Rider	Loren Danaher	2447	Loren Danaher	3639	Loren Danaher	3596	Karen Sprada	2851	Karen Sprada	2873
Second Male Rider	Jack Rimlinger	3678	Bradshaw Hovey	3642	Robert Nowinski	3229	Bob Alessi	2699	Patrick Danaher	3314
Second Female Rider	Brenda Fischer	2399	Julie Alsani	3327	Julie Alsani	2578	Lori Harf	2374	Jean Frederick	2542
Third Male Rider	Ron Penton	3506	Patrick Danaher	3639	Bob Silkes	3105	Robert Lubelski	2642	Alex Setlik	3124
Third Female Rider	Karen Sprada	2236	Karen Sprada	2541	Karen Sprada	2453	Elaine Rubenstein	2325	Aryne Lepie	2398
Most Rides	Robert Lubelski	3380	Bob Silkes	3176	Robert Lubelski	2586	Ed Peters	2626	Ed Peters	2665
First Male New Member	Fred Kobler	1331	Joseph Powers	1996	John Burnham	1565	Jack Rimlinger	1858	Joseph Rizzo	821
First Female New Member	Victoria Rodriguez	437	Jenny Boggio	1125	Nancy L. Sweeney	1322	Annie Schuster	717	Rachel Struckman	854
Second Male New Member	Michael Richards	802	Derrick Wojcik	1420	Ron Penton	1283	Bradshaw Hovey	1663	Richard Vacanti	678
Second Female New Member	Jennifer Adolf	320	JoAnn Blatner	766	Michelle Lynn Bates	1139	Sandy Walters	585	Bernadette Tomaselli	352
Third Male New Member	David Dunkle	759	Ken Tocha	1089	Andrew Gow	1018	Charles Grammer	1654	Billy MacDonald	686
Third Female New Member	Karen Reger	233	Elena Cala	529	Annette Brzezicki	982	Michelle Sahli	497	Mary Hughes	289
President's Award	Elaine Rubenstein		Pat & Loren Danaher		Liz Skelton		David Gonzalez		Dennis Powell	
Ride Leader of The Year	Liz Skelton		Peg Walker		Mike Dusing		Bob Alessi		Thomas A. Williams	
Volunteer of The Year	Jane Armbruster		Ron Penton		Tim Cleary		Pat Danaher		Karen & Gary Ostrum	
Outstanding Service	Kathy Karnath		Jack Rimlinger		Brenda Fischer		Elaine Rubenstein		Rebecca Ribis	



All ride data are compiled and analyzed by Walter Kammer, based on sign-in sheets for rides through the last weekend in October. Only paid-up members who signed in for mileage on one or more club rides in 2014 are listed here. Thank you Walt!

2014 Accident Reports include Serious Injuries

In 2014, more so than in recent years, many of the accidents on NFBC rides resulted in serious injuries requiring hospitalization. The nine reported* bike accidents fit in two categories: those that involved only one cyclist (4/9) and those that resulted in more than one cyclist going down in a single crash (5/9). Causes in both categories included road hazards (potholes, branches, bumps) and riders' judgment errors, particularly in pace lines. No cyclist-motor vehicle accidents were reported.

As in 2013, most crashes occurred when riders touched wheels in a pace line. Some of the people who can ride fast enough to participate in a pace line on challenging terrain may not

necessarily be skilled or experienced cyclists. Too, NFBC pace line "habits" may differ from policies followed in other clubs, so that experience with pace lines in general still may not be adequate. We could reduce the number of accidents if skilled riders, experienced in NFBC-style pace lines, would step up to give new riders advice and direction and to discourage inexperienced riders from leading pace lines. Most importantly, we should all be careful to never follow closely behind any rider whose judgment or riding skills are uncertain.



**Through word of mouth and social media, we know that more accidents occurred last year than ride leaders reported in writing to the NFBC president.*

Niagara Frontier Bicycle Club

Board of Directors

President

Lincoln Blaisdell (479-9431)
4715 Ransom Road
Clarence, NY 14031
linc43@roadrunner.com

Ian Currie (601-7390)
162 Nichter Road
Lancaster, NY 14086
Ian63@roadrunner.com

Vice-President

Brenda Fischer (984-1415)
11 Lake Forest Parkway
Lancaster, NY 14086
brendafischer99@yahoo.com

Dennis Powell (691-6233)
95 Briar Hill Rd
Orchard Park, NY 14127
powell.dennis.j@gmail.com

Secretary

Liz Skelton (400-6091)
38 Brandel Ave
Lancaster, NY 14086
brightbluesky9@aol.com

Jack Rimlinger (741-8512)
70 Blacksmith Dr.
E. Amherst, NY 14051
jackrim49er@gmail.com

Treasurer

Joseph Pizzuto (982-4142)
147 Frontenac Ave.
Buffalo, NY 14216
jpizz147@yahoo.com

Frank Soltiz (937-6924, Cell 574-6199)
597 Bauder Park Dr.
Alden, NY 14004
fsoltiz@aol.com

Membership Chairperson

Roy Tocha
11 North Eaglecrest Drive
Hamburg, NY 14075
rrtocha@yahoo.com

Board Members

Cindy Adams (688-3943)
55 Rehm Rd.
Lancaster, NY 14086
cynthia12@roadrunner.com

Newsletter Editor

Elaine Rubenstein (633-2133)
106 Summer Hill Lane
Williamsville, NY 14221
elaine_rubey1@yahoo.com

Bicycling Advocate

Janice Cochran (837-0402)
19 Carmen Rd.
Amherst, NY 14226
jcochran@buffalo.edu

Club Historian

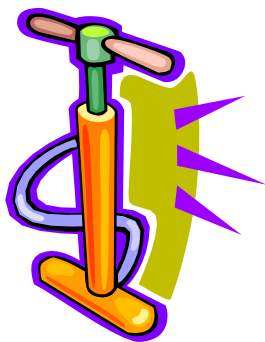
Jim Vozga (462-0200)
5830 Strickler Road
Clarence, NY 14031
voz@aol.com

Newsletter Circulation

Sue and Bob Alessi
3637 Northcreek Run
Wheatfield NY 14120
salessi1@roadrunner.com

Webmaster

Ron Penton
webmaster@nfbc.com



NIAGARA FRONTIER BICYCLE CLUB MEMBERSHIP APPLICATION

NFBC/LAB RELEASE AND WAIVER OF LIABILITY, ASSUMPTION OF RISK AND INDEMNITY AGREEMENT

In consideration of being permitted to participate in any way in the NFBC sponsored bicycling activity, I for myself, my personal representatives, assigns, heirs, and next of kin:

1. ACKNOWLEDGE, agree and represent that I understand the nature of this bicycling activity and that I am qualified, in good health, and in proper physical condition to participate in such activity. I further acknowledge that the activity will be conducted over public roads and facilities open to the public during the activity and upon which the hazards of traveling are to be expected. I further agree and warrant that if at any time I believe conditions to be unsafe, I will immediately discontinue further participation in the activity.

2. FULLY UNDERSTAND that: (a) bicycling activities involve risks and dangers of serious bodily injury, including permanent disability, paralysis and death; (b) these risks and dangers may be caused by my own actions, or inactions, the actions or inactions of others participating in the activity, the condition in which the activity takes place, or the negligence of the releasees named below; (c) there may be other risks and social and economic losses whether not known to me or not readily foreseeable at this time; and I fully accept and assume all such risks and all responsibility for losses, costs, and damages I incur as a result of my participation in this activity.

3. HEREBY RELEASE, discharge, and covenant not to sue the NFBC, the LAB, their respective administrators, directors, agents, officers, volunteers, and employees, other participants, any sponsors, advertisers, and if applicable, owners and lessors of premises on which the activity takes place, from all liability, claims, demands, losses, or damages on my account caused or alleged to be caused in whole or in part by the negligence of the releasees or otherwise, including negligent rescue operations; and I further agree that if, despite this release and waiver of liability, assumption of risk, and indemnity agreement I, or anyone on my behalf, makes a claim against any of the releasees, I will indemnify, save, and hold harmless each of the releasees from any litigation expenses, attorney fees, loss, liability, damage, or cost which any may incur as the result of such claim.

I HAVE READ THIS AGREEMENT, FULLY UNDERSTAND ITS TERMS, UNDERSTAND THAT I HAVE GIVEN UP SUBSTANTIAL RIGHTS BY SIGNING IT, AND HAVE SIGNED IT FREELY AND WITHOUT ANY INDUCEMENT OR ASSURANCE OF ANY NATURE AND INTEND IT TO BE A COMPLETE AND UNCONDITIONAL RELEASE OF ALL LIABILITY TO THE GREATEST EXTENT ALLOWED BY LAW AND AGREE THAT IF ANY PORTION OF THIS AGREEMENT IS HELD TO BE INVALID THE BALANCE, NOTWITHSTANDING, SHALL CONTINUE IN FULL FORCE AND EFFECT. FURTHERMORE, I HAVE ALSO READ AND UNDERSTAND THE RESPONSIBILITIES OF A RIDER. (See below).

Name

Address Address Change? ☐ Yes ☐ No

City State Zip Code Phone Cell

Email1 Email2 Email Change? ☐ Yes ☐ No

We will distribute a list of our members' email addresses, home addresses and phone numbers to NFBC club members and to local bike shops, unless you check the following spaces: NFBC ☐ NO LOCAL BIKE CLUBS ☐ NO

Primary Member/Guardian	Signature	Date	Member No.
Additional Members:			Birthdate (if under 18)

Family Membership includes any two adults and their children under the age of 18, living at the same address.

Membership	Email Newsletter	Postal Newsletter
Individual	<input type="checkbox"/> \$20.00	<input type="checkbox"/> \$30.00
Family	<input type="checkbox"/> \$30.00	<input type="checkbox"/> \$40.00
TOTAL	\$	\$
Status	<input type="checkbox"/> New	<input type="checkbox"/> Renewing

Send check (payable to NFBC) along with signed application to:

NFBC Inc.
c/o Roy R. Tocha
11 N. Eaglecrest Dr.
Hamburg, NY 14075-1807

In order to receive the Newsletter link by email, you must belong to nfbc@yahoogroups.com

In the interest of safety on the road for members of the NFBC, all riders and guests must acknowledge having read and understood the "Duties of Riders of the NFBC" statement by signing it before participating in any NFBC-sponsored ride.

Duties of Riders of the NFBC By becoming a member of the NFBC, all riders represent they have the knowledge and skills necessary to minimize the risk of injury in the sport of cycling. Riders shall have the following additional duties to enable them to make informed decisions while participating in the sport of bicycling:

1. Riders must obey New York State vehicle and traffic laws. Riders are governed by the same laws as motor vehicles. Riding in an NFBC group does not give riders the right to run stop signs or traffic signals.

2. All riders must wear a Snell or ANSI approved bicycle helmet.

3. Riders should not ride beyond their limits or their ability to cope with variations in road conditions (wetness, gravel, ice, snow, potholes, etc.).

4. Riders must remain in constant control of speed and direction at all times so as to avoid contact with obstacles and with other riders.

5. Riders should familiarize themselves with verbal and posted information before riding the route. The NFBC ride facilitators do not represent the route as free of hazards to bicyclists.

6. Riders must not overtake another rider in such a manner as to cause contact with the rider being overtaken.

7. Riders make certain there is adequate safe space between themselves and the rider in front.

8. Riders should communicate with other riders by calling out and announcing the following:

• "Car Back"- warning riders in front of them that there is a car approaching from the rear and signaling to single up. It is important to pass this information along the line of riders

• "Car Up"- warning the group that a car is approaching from the front. It is important to pass the word back.

• "Single Up"- telling the group that riders need to be riding single file

• "Car Left or Right"- warning riders at intersections or other places that a car might enter the path

• "Walker or Runner Up"- warning riders there is someone on foot on the riders' side of the road.

• "Tracks"- warning riders about railroad tracks. Riders should cross at right angles to the rails.

• "Road Kill"- warning riders there is a dead animal in their path.

• "Holes"- warning riders about dangerous breaks in the pavement. Sometimes riders may just point down to show that something is there instead of calling out the warning.

• "Stopping or Slowing"- warning riders of a change in speed. This may be done with a hand signal, but a call helps to avoid a problem.

• "On Your Left or Right"- warning riders that someone is passing. Riders should always pass on the left, but if they find themselves on the right, they should announce they are passing on the right.

Niagara Frontier Bicycle Club
3637 Northcreek Run
Wheatfield NY 14120

MAILING ADDRESS



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