# Niagara Frontier Bicycle Club, Inc. NFBC NEWSLETTER

January/February 2016

We ride every day!

Volume 47, Issue 1



#### **Dates to Remember**

- Feb 26 Spring General Meeting
- Feb 29 Membership for 2015 Expires

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www.nfbc.com

# NFBC Annual Spring Meeting: Fri. Feb 26

The NFBC Annual Spring General Meeting will be held at 7PM on Friday, February 26 at the Harris Hill Volunteer Fire Hall, located at **8630 Main St** in Clarence. To reach it, go east on Main St. past Transit Road, and the Fire Hall is just past Harris Hill Rd. Learn about trips and other plans for the 2016 season. Refreshments will be served.



# **Congratulations to 2015 Award Winners!**

President's Award Ride Leader of the Year Volunteer of the Year Outstanding Service

High Overall Mileage 1<sup>st</sup> Male High Mileage 1<sup>st</sup> Female High Mileage 1<sup>st</sup> Male New Member 1<sup>st</sup> Female New Member Ron Penton Jim Karnath, Marty Viggato Fred Marcheson Cindy Adams, Jack Rimlinger

Julie Alsani, 4645 mi. Jack Rimlinger, 4023 mi. Karen Sprada, 2717 mi. Jeff Schelinger, 2481 mi. Rainee VanNetter, 1180 mi.

See inside of this issue for complete list of awards and ride totals.

Mem#	#Rides	Total Miles	Rider Name	Mem?	Award(s)	MemMi	RankO/A	NewMi	RankNew	Accum	RankAccun
2297	142	4645	Julie Alsani	R	1st Overall 15,000 Club 4,000 Certificate	4645	1		н	18112	60
2582	136	4023	Jack Rimlinger	R	Outstanding Service Award 1st Male 15,000 Club 4,000 Certificate	4023	2			17810	61
2696	139	3759	Ron Penton	R	President's Award 2nd Male 3,000 Certificate	3759	3		-	9186	102
2515	97	3062	Bradshaw Hovey	R	3rd Male 15,000 Club 3,000 Certificate	3062	4		(#)	15333	70
169	112	3031	Ed Peters	R	3,000 Certificate	3031	5		=	69709	2
2487	113	2879	Robert Lubelski	R	Most Rides 2,000 Certificate	2879	6		Ŧ	14193	75
1434	88	2849	Fred Marcheson	R	Volunteer Of The Year Award 20,000 Club 2,000 Certificate	2849	7		18	21260	49
2855	84	2730	Fred Kobler	R	2,000 Certificate	2730	8		12	4061	157
503	105	2726	Michael Dusing	R	2,000 Certificate	2726	9		=	19170	56
432	102	2717	Karen Sprada	R	1st Female 2,000 Certificate	2717	10		=	59160	4
957	84	2702	Patrick Danaher	R	2,000 Certificate	2702	11		=	49400	9
2364	84	2702	Loren Danaher	R	2nd Female 20,000 Club 2,000 Certificate	2702	11		8 <b>2</b> 8	21465	45
2106	80	2606	Mohamed Zeid	R	15,000 Club 2,000 Certificate	2606	13			16175	69
2503	77	2585	Sandy Bunn	R	10,000 Club 2,000 Certificate	2585	14		8 <b>#</b> 8	10212	97
123	99	2572	Bob Alessi	R	2,000 Certificate	2572	15		280	59534	3
2972	69	2481	Jeff Schelinger	Ν	1st New Male 2,000 Certificate	2481	16	2481	1	2481	185
1513	82	2467	Robert Nowinski	R	2,000 Certificate	2467	17		(=)	23421	40
972	84	2419	Jim Karnath	R	Ride Leader Of The Year Award 2,000 Certificate	2419	18		н	22431	42
1270	80	2418	Gary Schlau	R	2,000 Certificate	2418	19		=	27858	31
130	72	2356	John King	R	2,000 Certificate	2356	20		=	19749	53
165	98	2277	Brad Chase	R	2,000 Certificate	2277	21		=	72745	1
2718	74	2277	Joseph Powers	R	5,000 Club 2,000 Certificate	2277	21		=	5990	132
2391	68	2237	Richard Tesmer	R	10,000 Club 2,000 Certificate	2237	23		9 <b>H</b> 2	10723	92
973	77	2233	Kathy Karnath	R	3rd Female 20,000 Club 2,000 Certificate	2233	24		.=.	21391	47
1793	76	2186	Edward J. Knab	R	2,000 Certificate	2186	25			7308	120
257	77	2163	lan Currie	R	2,000 Certificate	2163	26		-	44127	11
265	71	2115	Gary Stevens	R	55,000 Club 2,000 Certificate	2115	27		()#3	55488	7
1788	74	2099	Brenda Fischer	R	2,000 Certificate	2099	28			29010	30
2731 1079	60 72	2050 2047	Richard Amantia Fred Talmud	R	2,000 Certificate 10,000 Club	2050	29 30			4263 11400	155
					2,000 Certificate				-		
1051	61	1980	Myriam Tjahjadi	R	1,000 Certificate	1980	31		1	1980	202
2777	71	1949	JoAnn Blatner	R	1,000 Certificate	1949	32		2	4487	150
2181	65	1948	Darrell Skelton	R	1,000 Certificate	1948	33		=	14906	71

NFBC Standings - Page 1 of 48 - (Printed 11/10/2015)

Mem#	#Rides	Total Miles	Rider Name	Mem?	Award(s)	MemMi	RankO/A	NewMi	RankNew	Accum	RankAccun
1870	69	1916	Frank Soltiz	R	Tve Ridden Around The World Award 25,000 Club 1,000 Certificate	1916	35		(11)	25524	35
662	69	1900	Cynthia Adams	R	Outstanding Service Award 20,000 Club 1,000 Certificate	1900	36			21823	43
306	68	1896	Diane Currie	R	1,000 Certificate	1896	37		-	47786	10
2248	54	1871	Peg Walker	R	1,000 Certificate	1871	38			14791	72
61	74	1831	Lori Harf	R	55,000 Club 1,000 Certificate	1831	39		8 <b>8</b> 8	56419	5
651	49	1754	John Tjahjadi	R	5,000 Club 1,000 Certificate	1754	40		=	6453	127
2878	64	1742	Jennifer Adolf	R	1,000 Certificate	1742	41		1	2062	194
71	74	1731	Bob Silkes	R	55,000 Club 1,000 Certificate	1731	42		=	55852	6
1447	56	1662	Thomas A. Williams	R	20,000 Club	1662	43		3 = 3	21404	46
235	59	1622	Joseph Pizzuto	R	1,000 Certificate 1,000 Certificate	1622	44		2 <b>8</b> 3	29053	29
2646	52	1614	Vicky Perry	R	1,000 Certificate	1614	45			4548	148
2775	61	1613	Eva Horvath	R	1,000 Certificate	1613	46		-	3604	164
110	56	1581	John Kozinski	R	25,000 Club 1,000 Certificate	1581	47		=	26409	33
2941	52	1569	Daniel Brooks	R	1,000 Certificate	1569	48			2025	197
2652	63	1566	Ronald Stefanski	R	1,000 Certificate	1566	49		=	3600	165
1536	67	1558	Greg Heim	R	1,000 Certificate	1558	50		=	16735	65
1576	62	1528	Elaine Rubenstein	R	20,000 Club 1,000 Certificate	1528	51		=	20169	50
1794	56	1521	Sophie Knab	R	1,000 Certificate	1521	52		=	4478	151
2578	47	1513	Annie Schuster	R	5,000 Club 1,000 Certificate	1513	53		=	5916	136
2554	52	1507	James Turner	R	1,000 Certificate	1507	54		=	3487	167
2617	62	1474	Michelle Lynn Bates	R	5,000 Club 1,000 Certificate	1474	55		=	6290	143
1249	57	1467	Matthew Luly	R	1,000 Certificate	1467	56			26963	32
80	49	1374	Bruce Jansen	R	50,000 Club 1,000 Certificate	1374	57		=	50723	8
1138	35	1373	Lincoln Blaisdell	R	20,000 Club 1,000 Certificate	1373	58		- B.S.	20163	51
59	58	1361	Larry Reade	R	1,000 Certificate	1361	59		-	32233	26
2147	49	1355	Michael Maher	R	1,000 Certificate	1355	60		Ξ	12944	79
16	47	1305	David Gonzalez	R	1,000 Certificate	1305	61		=	38292	18
2716	42	1279	Derrick Wojcik	R	1,000 Certificate	1279	62			4168	156
1255	48	1273	Gordon Deitrick	R	1,000 Certificate	1273	63		=	23865	38
1080	47	1264	Deanna Talmud	R	1,000 Certificate	1264	64		=	7488	118
2809	38	1250	David Dunkle	R	1,000 Certificate	1250	65			2185	193
1629	39	1230	Bill Harrington	R	10,000 Club 1,000 Certificate	1230	66		Ξ.	10543	93
2583	35	1224	Barry Sternberg	R	1,000 Certificate	1224	67		1	6046	130
378	52	1182	Rebecca Ribis	R	1,000 Certificate	1182	68		=	38005	19
1884	51	1180	Paul D. Aquila	R	1,000 Certificate	1180	69			18804	58
2986	41	1180	Rainee VanNatter	N	1st New Female 1,000 Certificate	1180	69	1180	2	1180	234
2246 1885	52	1177	Terry Turski Cod Mash	R	1,000 Certificate	1177	71			9527	101
1885	29 40	1164	Carl Mach Paul Rossi	R	1,000 Certificate 1,000 Certificate	1164 1160	72 73		=	17449 2452	62 186
2547	40	1156	Tom Hochworter	R	1,000 Certificate	1156	74		= =	4725	146
1515	38	1134	Kathy Baker	R	1,000 Certificate	1134	75		-	14790	73
900	36	1132	Tris Orzech	R	1,000 Certificate	1132	76		-	23841	39
1514	37	1118	Jeff Baker	R	1,000 Certificate	1118	77			12625	80
1014	21	1110	Jen baker		1,000 Gardineate	1110	10			12020	00

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Mem#	#Rides	Total Miles	Rider Name	Mem?	Award(s)	MemMi	RankO/A	NewMi	RankNew	Accum	RankAccur
2039	35	1114	Sean McGovern	R	1,000 Certificate	1114	78		Ξ	7813	115
2574	36	1082	Rick Skomra	R	1,000 Certificate	1082	79		18	1772	208
2616	39	1077	John Burnham	R	1,000 Certificate	1077	80		=	6829	122
1119	31	1053	Dennis Powell	R	1,000 Certificate	1053	81			19346	54
2757	34	1017	Don Crane	R	1,000 Certificate	1000	82			3349	169
2869	38	1009	Nancy Krzyzanowski	R	1,000 Certificate	1009	83			1192	231
2009	- 30	1009	напсу надугаточькі	ĸ		1009	63			1192	231
122	38	1000	Susan Alessi	R	I Did Exactly 1,000 Miles Award 1,000 Certificate	1000	84		::R::	33100	24
78	39	989	Betsy Dexheimer	R		989	85		1 H	16846	64
461	42	976	Barbara Reade	R	35,000 Club	976	86		=	35654	20
2256	29	958	Jeff Raugh	R		958	87		=	4323	154
2059	32	929	Steve Forrestel	R	10,000 Club	929	88		=	10479	94
1340	30	918	Jim Kuberka	R	20	918	89		1.21	24177	36
2685	40	913	Steve Papapanu	R		913	90			3486	168
1537	26	902	Janice Cochran	R		902	91			26380	34
1038	33	884	John Lamarca	R		884	92		=	12287	83
1739	30	880	Richard Parker	R		880	93		=	8015	110
2579	24	856	Mike de Freitas	R		856	94		-	3578	166
2769	33	850	Jenny Boggio	R		850	95		-	2861	176
2340	36	834	Valerie Aronson	R		834	96			4942	144
2577	28	825		R		825	97			2244	190
	28	825	David Arlington	R	F 000 CL-5		97		=		
2063			Benjamin Badagliacca		5,000 Club	801				5686	141
2094	27	796	Bob Patterson	R		796	99		=	1020	240
1226	30	718	Sandy Nobel	R		718	100		1	17185	63
1632	24	699	Richard Swank	R		699	101		Ξ.	11056	91
1466	21	694	Charles J. LaChiusa	R		694	102		-	3923	160
2983	18	679	Victoria Wulf	N	2nd New Female	679	103	679	3	679	259
2961	30	678	Nancy Paradise	N	3rd New Female	678	104	678	4	678	260
2586	14	669	Pat Carroll	R		669	105		=	3893	161
2472	22	669	Steven Korn	R		669	105		- <b>H</b>	1993	200
2867	26	669	Michael Richards	R		669	105		=	1471	216
1844	21	667	Deborah Matteliano	R		667	108		=	4510	149
234	27	663	James Sawyer	R	35,000 Club	663	109		=	35470	21
2843	20	662	Todd Snider	R		662	110		=	982	244
212	24	657	Paul Castle	R		657	111		1	30744	27
939	19	642	Tim Cleary	R		642	112		1	13527	78
1488	20	617	Peter S. Swartwout	R		617	113		=	8116	108
2316	23	603	Brigitte Soltiz	R		603	114		=	8673	106
571	15	594	Ron Spohn	R		594	115		=	3130	172
703	23	590	Arlyne Lepie	R		590	116		=	39748	14
2236	20	588	Michelle Smith	R		588	117		=	6711	123
2778	16	580	John Dixon	R		580	118		-	649	267
2112	22	577	Dan Murdock	R	10,000 Club	577	119		=	10209	98
2680	16	562	Gil Wolfe	R	10,000 0100	562	120		=	1626	211
879	13	551	Frank DeDomenico	R		551	121		=	19124	57
1195	17	548	Ronald Wakefield	R		548	121		-	19124	55
1992	20	537		R		537	122			4649	147
			John McGuire Mark Schlack	-							1.0.0
1572 2776	19	532	Mark Subjeck	R		532	124		-	656	125
2985	15	519	William Horvath Konstantin	N	2nd New Male	519	120	519	5	519	205
0704	100	540	Slavashevich			540	400			4700	040
2791	18	510	Marion Sikora	R	A	510	127	505	-	1700	210
3047	18	505	Dennis Bigham	N	3rd New Male	505	128	505	6	505	276
2346	19	504	Richard McCarthy	R		504	129		=	4033	159
118	21	503	Bill Tambacas	R		503	130	1.444	-	24007	37
3018	17	499	Frank Westgate	N		499	131	499	7	499	277
2772	17	487	Bridget Baumer	R		487	132		=	1285	229
688	16	472	Edward Hutton	R		472	133		=	8049	109
3024	17	469	Joan Charleson	N		469	134	469	8	469	282
2829	20	467	Eugene Melnyk	R		467	135		=	703	256
2962	14	456	William Webber	N		456	136	456	9	456	284
1960	10	440	Dan Schwenk	R		440	137		=	2937	174
2959	14	439	Luis Nunez	N		439	138	439	10	439	288
2806	12	438	Paul Persia	R		438	139			824	249

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Bradley Russell

John Knab

R

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Mem#	#Rides	Total Miles	Rider Name	Mem?	Award(s)	MemMi	RankO/A	NewMi	RankNew	Accum	RankAccun
3001	2	51	Kim Crotty	N		51	270	51	38	51	372
3002	2	51	Thomas Whitmore	N		51	270	51	38	51	372
1548	2	50	Mike Kirsch	R		50	273		=	278	308
2830	2	50	Betsy White	R		50	273			100	349
2743	2	49	Thomas Gilmartin	R		49	275		-	487	280
409	1	47	Thomas Lonzi	R		47	276		-	1443	217
2309	2	47	John W. Barclay	R		47	276		8	724	252
2916	2	47	John Jansen	R		47	276		-	249	316
33	2	46	Jill Biniszkiewicz	R		46	279		-	12371	81
3051	1	46	Emily Hil	N		46	279	46	40	46	374
950	1	46	Traci Cummings	R		40	281	40	-	7955	112
2070	1	44	Shelley Isaacs	R		44	282			3164	171
	1								1		
1049		43	George Borowiec	R		43	282		-	1110	238
2412	1	41	Denise Hochul	R		41	284		-	1185	233
2948	1	41	Carl Williams	N		41	284	41	41	41	377
2967	1	40	Rebecca Erb Bike Shop Buffalo	N		40	286	40	42	40	378
3039	1	38	Michael Holley	N		38	287	38	43	38	379
1633	1	37	Kathryn Swank	R		37	288		=	994	242
2976	1	37	Julie Deuble	N		37	288	37	44	37	380
245	1	36	Robert Puleo	R		36	290		-	32842	25
3000	1	36	Vicky Dixon	N		36	290	36	45	36	382
1000	1	35	Valerie Lonzi	R		35	290	30	40	4823	145
2788	1	35	Paul Schaefer	R		35	292		5	966	245
2505	1	35	Mary Hughes	R		35	292			960	246
2505	1	35	Robert Hughes	R		35	292		=	813	250
			×	R							
2857	1	33	William Flack			33	296		-	33	384
2995	1	31	John Dunn	N		31	297	31	46	31	385
160	1	30	Walter Schmidt	R		30	298		-	10271	96
1959	1	30	Joe Pautier	R		30	298		=	4462	152
929	1	30	Dana Jandzinski	R		30	298		-	469	282
2984	1	30	Scott Willis	N		30	298	30	47	30	386
3012	1	30	Brian Przepasniak	N		30	298	30	47	30	386
2971	1	29	Robert Maulucci	N		29	303	29	49	29	388
2974	1	29	Brian Degnan	N		29	303	29	49	29	388
1183	1	28	John Herman	R		28	305		=	10319	95
2729	1	27	Jim Nash	R		27	306		=	27	391
2949	1	27	Yvonne Banks	N		27	306	27	51	27	391
3041	1.	26	David Gervase	N		26	308	26	52	26	394
3055	1	26	Michelle Kress	N		26	308	26	52	26	394
1278	1	25	Frank J. LaMarca	R		25	310			6521	126
295	1	25	Larry Lazzaro	R		25	310		=	5918	135
2604	1	25	Tom O'Connor	R		25	310		-	75	356
2942	1	25	Anna Milone	N		25	310	25	54	63	364
2901	1	25	Beth Aquino	R		25	310		100	25	398
2996	1	25	Melanie Hall	N		25	310	25	54	25	398
3010	1	25	Leonard Thornton	N		25	310	25	54	25	398
3037	1	25	Lauren Holley	N		25	310	25	54	25	398
54	1	24	Brenda Knight	R		20	318	2.0	=	39077	15
55	4	24	Jim Knight	R		24	318		-	39044	16
1198	1			R					100		
	1	24	Sarah Wakefield			24	318	0.4	::	1397	221
2970		24	Marit Ogin	N		24	318	24	58	24	402
1262	1	23	Gretchen Wisor	R		23	322		=	3676	163
1874	1	23	Kathleen O'Connor	R		23	322		=	2676	181
2798	1	22	Kate Hood	R		22	324		-	147	338
2966	1	20	Ann Barclay	N		20	325	20	59	20	404
3003	1	19	Elona Whitmore	N		19	326	19	60	19	405
12	0	0	Jim Vozga	R		0	327		=	34936	22
79	0	0	Rich Stroh	R		0	327		- E -	29516	28
191	0	0	Irv Laub	R		0	327		=	21519	44
219	0	0	Joe Tocke	R		0	327		=	16607	66
1375	0	0	Robert J. Mahaney	R		0	327		(=)	16516	67
13	0	0	Kathy Vozga	R		0	327		=	16319	68
220	0	0	Mary Alice Tocke	R		0	327		=	14601	74
917	0	0	Elizabeth Skelton	R		0	327		=	13649	76
108	0	0	Nancy Haberly	R		0	327			8143	107

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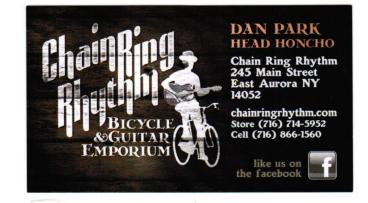
Annual NFBC	2015	
Award Category	Rider	Miles
First Overall	Julie Alsani	4645
First Male Rider	Jack Rimlinger	4023
First Female Rider	Karen Sprada	2717
Second Male Rider	Ron Penton	3759
Second Female Rider	Loren Danaher	2702
Third Male Rider	Bradshaw Hovey	3062
Third Female Rider	Kathy Karnath	2233
Most Rides	Robert Lubelski	2879
First Male New Member	Jeff Schellinger	2481
First Female New Member	Rainee VanNatter	1180
	Konstantin	
Second Male New Member	Slavashevich	519
Second Female New Member	Victoria Wulf	679
Third Male New Member	Dennis Bigham	505
Third Female New Member	Nancy Paradise	678
President's Award	Ron Penton	
	Jim Karnath	
Ride Leader of The Year	Marty Viggato	
Volunteer of The Year	Fred Marcheson	
	Cindy Adams	
Outstanding Service	Jack Rimlinger	

NFBC General Statistics for year to date	2015	Change
Ride Sheets posted to 11/10/2015	News	14 to 15
Total Number of Miles Ridden by ALL riders:	251,117	9%
Total Number of Miles Ridden by NFBC Members:	221,046	4%
Total Number of Miles Ridden by NEW Members:	12,851	23%
Total Number of Miles Ridden by Guests:	30,071	<mark>63%</mark>
Total Number of Riders to date (all, incl. guests):	8,692	7%
Total Number of Riders to date (guests only):	1,042	<mark>62%</mark>
Total Number of Riders to date (renewed members):	7,234	2%
Total Number of Riders to date ( <b>new members</b> ):	416	17%
Total Number of Riders to date (all members):	7,650	3%
Total Number of Renewal Members in NFBC:	371	1%
Total Number of New Members in NFBC:	125	-15%
Number of Inactive Members (non-renewals):	2,570	6%
Number of Permanent MemberIDs Assigned:	3,066	4.1%
Total Number of Paid Members in NFBC:	496	-3%

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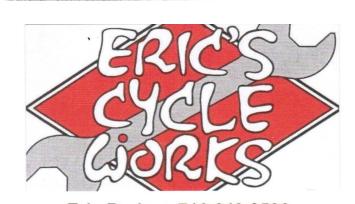
Michael & Heather Trost

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685 ENGLEWOOD AVE. • BUFFALO, NEW YORK 14223 (Corner of Englewood & Starin) E-Mail: contact@handlebarscycleco.com Website: handlebarscycleco.com



Eric Barlow 716.649.8590 https://www.facebook.com/pages/Erics-Cycle-Works/155835861117344?ref=hl





744 ELMWOOD AVE. | 716-881-3613

January/February 2016

#### Helping those less fortunate. From Bob Ehrheart

Three NFBC members, George Sinclair, John Barclay and Bob Ehrheart are shown loading a truck with 42 donated bikes. The three of us, along with other Spoke Folk members (community bike project), refurbished the bikes and are donating them to the Salvation Army and Rural Ministry as Christmas presents for disadvantaged kids. This is a yearly project. The bikes are collected over the summer and given out at Christmas time.



### **Roy's EOY Membership Update**

There are 496 members in the club. That includes 367 Households. There are 125 new members in NFBC. Welcome to all of the new members. I hope you got out on your bike with us a few times. Memberships lapse Feb. 29, 2016 for everyone. I will be accepting renewals in the New Year.

#### Niagara Frontier Bicycle Club

#### **Board of Directors**

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#### NIAGARA FRONTIER BICYCLE CLUB MEMBERSHIP APPLICATION

NFBC/LAB RELEASE AND WAIVER OF LIABILITY, ASSUMPTION OF RISK AND INDEMNITY AGREEMENT

In consideration of being permitted to participate in any way in the NFBC sponsored bicycling activity. I for myself, my personal representatives, assigns, heirs, and next of kin: 1. ACKNOWLEDGE, agree and represent that I understand the nature of this bicycling activity and that I am qualified, in good health, and in proper physical condition to participate in such activity. I further acknowledge that the activity will be conducted over public roads and facilities open to the public during the activity and upon which the hazards of traveling are to be expected. I further agree

 and warrant that if at any time I believe conducted over public conductant balance of the public conduction of the activity and upon machine and warrant that if at any time I believe conditions to be unsafe, I will immediately discontinue further participation in the activity.
 **2. FULLY UNDERSTAND** that: (a) bicycling activities involve risks and dangers of serious bodily injury, including permanent disability, paralysis and death; (b) these risks and dangers may be caused by my own actions, or inactions, the actions or inactions of others participating in the activity, the condition in which the activity takes place, or the negligence of the releasees named below; (c) there may be other risks and social and economic losses whether not known to me or not readily foreseeable at this time; and I fully accept and assume all such risks and all responsibility for losses, costs, and damages l incur as a result of my participation in this activity.

3. HEREBY RELEASE, discharge, and covenant not to sue the NFBC, the LAB, their respective administrators, directors, agents, officers, volunteers, and employees, other participants, any sponsors, advertisers, and if applicable, owners and lessers of premises on which the activity takes place, from all liability, claims, demands, losses, or damages on my account caused or alleged to be caused in whole or in part by the negligence of the release and waiver of liability, assumption of risk, and indemnity agreement I, or anyone on my behalf, makes a claim against any of the releasees, I will indemnify, save, and hold harmless each of the releasees from any litigation expenses, attorney fees, loss, liability, damage, or cost which any may incur as the result of such claim. I HAVE READ THIS AGREEMENT, FULLY UNDERSTAND ITS TERMS, UNDERSTAND THAT I HAVE GIVEN UP SUBSTANTIAL RIGHTS BY SIGNING IT, AND HAVE SIGNED IT FREELY AND WITHOUT ANY

INDUCEMENT OR ASSURANCE OF ANY NATURE AND INTEND IT TO BE A COMPLETE AND UNCONDITIONAL RELEASE OF ALL LIABILITY TO THE GREATEST EXTENT ALLOWED BY LAW AND AGREE THAT IF ANY PORTION OF THIS AGREEMENT IS HELD TO BE INVALID THE BALANCE. NOTWITHSTANDING. SHALL CONTINUE IN FULL FORCE AND EFFECT, FURTHERMORE. I HAVE ALSO READ AND UNDERSTAND THE RESPONSIBILITIES OF A RIDER. (See below).

Name								
Address			Address Change?	Yes 🗌 No				
City	State Zi	ip Code	Phone	Cell				
Email1	Email2 Email Change? Yes No							
	of our members' email ad heck the following space	dresses, home addresses es: NFBC 🗌 NG		bers to NFBC club memb KE CLUBS 🔲 NO	pers and to local			
Primary Men	nber/Guardian	Signature	Date		Member No.			
Additiona	I Members:			Birthdate (if under 18)				
Family Membership incl age of 18, living at the sa	udes any two adults and ame address.	Send check (payable to NFBC) along with signed application to:						
Membership	Emailed Newsletter	Postal Newsletter						
Individual	\$20.00	\$30.00	<ul> <li>NFBC Inc.</li> <li>c/o Roy R. Tocha</li> </ul>					

\$30.00 11 N. Eaglecrest Dr. \$40.00 Hamburg, NY 14075-1807 \$ \$ Renewing

In order to receive the Newsletter link by email, you must belong to nfbc@yahoogroups.com

In the interest of safety on the road for members of the NFBC, all riders and guests must acknowledge having read and understood the "Duties of Riders of the NFBC" statement by signing it before participating in any NFBC-sponsored ride. Duties of Riders of the NFBC By becoming a member of the NFBC, all riders represent they have the knowledge and skills necessary to minimize the risk of injury in the sport of cycling. Riders shall have

the following additional duties to enable them to make informed decisions while participating in the sport of bicycling:

1. Riders must obey New York State vehicle and traffic laws. Riders are governed by the same laws as motor vehicles. Riding in an NFBC group does not give riders the right to run stop signs or traffic signals

2. All riders must wear a Snell or ANSI approved bicycle helmet.

Family

TOTAL

Status

3. Riders should not ride beyond their limits or their ability to cope with variations in road conditions (wetness, gravel, ice, snow, potholes, etc.).

New

4. Riders must remain in constant control of speed and direction at all times so as to avoid contact with obstacles and with other riders.

5. Riders should familiarize themselves with verbal and posted information before riding the route. The NFBC ride facilitators do not represent the route as free of hazards to bicyclists. 6. Riders must not overtake another rider in such a manner as to cause contact with the rider being overtaken.

7. Riders make certain there is adequate safe space between themselves and the rider in front. 8. Riders should communicate with other riders by calling out and announcing the following:

."Car Back"- warning riders in front of them that there is a car approaching from the rear and signaling to single up. It is important to pass this information along the line of riders

•"Car Up"- warning the group that a car is approaching from the front. It is important to pass the word back. •"Single Up"- telling the group that riders need to be riding single file

• "Car Left or Right"- warning riders at intersections or other places that a car might enter the path

"Walker or Runner Up"- warning riders there is someone on foot on the riders' side of the road.
 "Tracks"- warning riders about railroad tracks. Riders should cross at right angles to the rails.

"Road Kill"- warning riders there is a dead animal in their path.

• "Stopping or Slowing"- warning riders of a change in speed. This may be done with a hand signal, but a call helps to avoid a problem.

."On Your Left or Right"- warning riders that someone is passing. Riders should always pass on the left, but if they find themselves on the right, they should announce they are passing on the right.

<sup>• &</sup>quot;Hole(s)"- warning riders about dangerous breaks in the pavement. Sometimes riders may just point down to show that something is there instead of calling out the warning.

Niagara Frontier Bicycle Club P.O. Box 211 Buffalo, New York 14226-0211

