

Niagara Frontier Bicycle Club, Inc.

NFBC NEWSLETTER

January/February 2017

We ride every day!

Volume 48, Issue 1

Dates to Remember

- Feb 10 - General Meeting
- Feb 28 - Membership for 2016 ends

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www.nfbc.com



May the New Year bring Health and Happiness to All

RIDE LEADERS NEEDED

Weekend Rides - The ride committee will have the 2017 ride schedule at the Spring Club Meeting on Feb 10. You can look through the list and sign yourself up to lead a ride at the meeting. If you can't make the meeting, look for the schedule on the NFBC web site and contact Brenda Fischer (contact details at end of newsletter) and let her know which ride(s) you wish to lead. It is, by far, the easiest task you can help the club with, but very necessary.

Weekday rides - As of the publication of this newsletter, the weekday Wednesday evening north and Saturday breakfast rides are in need of a ride leader (or ride leader team). Contact Brenda Fischer if you have questions or are interested in leading either of these rides. The recurring rides require a little more effort in being there each week and choosing route options, but it is not difficult. A ride leader team can make the leader chores much easier.

NFBC Memberships expire on Feb 28. You can renew your membership on-line at <https://nfbc.com/Apply> or you can fill out the form within this newsletter and, along with a check, renew your membership by sending it to Michele Smith, our new Membership Chair, at the address on the form.

In Memoriam

I don't recall exactly when Sue Williams started showing up at rides with Tom. I know Jan, my wife, started looking for rides Sue was attending because they had a similar style of riding, a casual pace with a lot of talking. Sue was proud of new distances accomplished, faster average speeds, but athletics wasn't the important part of club participation. Sue was a big advocate for the social side of the club and soon became an organizer of events (with Tom) like Chautauqua Weekend and the club trip to Ohio.

While I was club VP, I'd often get emails from Sue regarding something with a ride she thought could be improved. Sue wanted to make certain options were available for riders of lesser abilities, such as shorter distances and flatter terrain. I didn't disagree, but kept emphasizing that trying to 'fix' every ride was easier said than done. If I couldn't bring her around to my way of thinking, she'd be back with new arguments towards winning me over. She had a determined resolve about her and put a great deal of effort into improving the club experience for members.

About 4 years ago, Sue was diagnosed with a nasty cancer. It took her off the bike and away from most club social functions. What followed were successes, then setbacks. Sue was at this year's club picnic and looked like she was getting the best of the cancer. She seemed cheery, much like her old self. Unfortunately, battling back from each reoccurrence of the cancer took its toll and Sue left us on December 12.

At Sue's wake, Tom reminded me of Sue's ride up to Lundsman Overlook at one of Sandy Nobel's Chautauqua parties. Sue was very much a flat land rider. The climb to the overlook challenged her. She struggled, but wouldn't give up. She made it to the top and was very proud of that ride. Sue fought the cancer in that same spirit. She didn't give up, but after 4 years, simply had nothing left to fight with.

I believe, thanks to Sue, there are many newer club members who were attracted to the club by Sue's warm, welcoming ways. She left a lot of good memories with us, a lot of good times shared. She will be missed.

- Dennis Powell



Lundsman Overlook August 2010

Editor's note: The announcement below is for an event not sponsored by the NFBC.



What are you doing Memorial Day Weekend?

Interested in riding in Georgetown, Kentucky. The Horsey Hundred cycling event takes place Saturday, May 27th and Sunday, May 28th with optional rides on Friday, May 26th. The website for 2017 will be updated in January. But they usually offer 102 mi., 82 mi., 62 mi., 41 mi., and 25 mi., rides on Saturday and 75mi., 52 mi., 35 mi., and 26 mi. rides on Sunday. All rides start at the Georgetown College. They have great rest stops and SAG support!! They usually have 2,000+ riders. The rides take place in the Kentucky horse country with rolling hills, well-maintained roads, and gorgeous scenery.

Like I mentioned, the website (www.horseyhundred.com) will be updated in January. Last year, Saturday & Sunday registration was \$65 until the middle of May and then went up to \$90. This includes the maps and cue sheets, rest stops every 20 miles, SAG vehicles, and post ride lunches on Saturday and Sunday. The website will have all the details for this year. And they usually have a small gift if you register early.

Accommodations – They usually open the dorms of the college up for people to stay if you would like. They do list hotels and camping information on their website also.

A group of us attended this ride with Alex S. 3 or 4 years ago. It was fantastic!!!! My brother lives in Georgetown and hotel rooms do book fast. Many of us have talked about doing it again this past season. So, I have committed my father and I to do it again in 2017 and if you would like to join us that would be great!!!! I have reserved a block of rooms (10) at the Hampton Inn in Georgetown, KY. They have given me a rate of \$119/night plus tax. The block of rooms is under the name "NFBC Horsey 100 Group" or Group Code Name NFBC. I will lose the group of rooms on May 12th if they are not taken by then. Of course, they have the continental breakfast, hot tub and inside pool and their phone number is 502-867-4888. If you are interested in taking a trip in May, join us. Register for ride (early! and save a few \$\$\$), call the Hampton reserve your room or other hotels or the dorm rooms, and enjoy the ride.

Any questions, please give me a call, 716-479-0841. And, if you do go, let me know. Maybe we could all get together one night and have dinner and/or at least start the ride together!!!

Michele Smith

Congratulations to the NFBC Award Winners for 2016

On an incredibly warm November 18, the NFBC Banquet was held at the Pearl Street Brew Pub. The mild temperatures (for fall) made the excellent craft brews offered by this brewpub so much more rewarding. Following the nice buffet dinner, M/C Jim Karnath, with help from the board members, announced and handed out awards for the various categories, yearly mileage, total mileage, President's Award, Ride Leader of the Year, Volunteer of the Year and Outstanding service.

Following are names and categories of award recipients, followed by some of the total annual mileage stats. Linc Blaisdell was also presented with a special gift from the club for his years of service as club President.

A big thanks goes out to Walt Kammer who compiles the stats and puts them in a presentable form.

Annual NFBC Award Category	2016 Season	
	Rider Miles	
First Overall	Jack Rimlinger	3923
First Male Rider	Fred Marcheson	3152
First Female Rider	Myriam Tjahjadi	2814
Second Male Rider	Paul Rossi	2954
Second Female Rider	Karen Sprada	2475
Third Male Rider	Fred Kobler	2849
Third Female Rider	Loren Danaher	2376
Most Rides	Robert Lubelski	2680
First Male New Member	William Conrad, Jr.	1863
First Female New Member	Katherine Cammarano	2221
Second Male New Member	Shawn Whitecar	1391
Second Female New Member	Paula Ciolko	981
Third Male New Member	Leonard Epstein	1388
Third Female New Member	Karen Alongi	403
President's Award	Roy Tocha	
Ride Leader of The Year	Richard Amantia	
Volunteer of The Year	Fred Talmud	
Outstanding Service	Rebecca Ribis	

NFBC Standings - Page 1 of 51 - (Printed 11/8/2016)

Men#	Rides	Total Miles	Rider Name	Men?	Award(s)	Mem#	Rank/O	New#	RankNew	Accum	RankAccum
2582	126	3923	Jack Rinfinger	R	1st Overall 20,000 Club		3823	1	..	21733	48
1434	101	3152	Fred Matheson	R	1st Male 3,000 Certificate		3152	2	..	24412	40
2667	100	2954	Paul Rossi	R	2nd Male 5,000 Club		2954	3	..	5406	144
2655	90	2649	Fred Kocher	R	3rd Male 5,000 Club		2649	4	..	6910	125
1051	86	2814	Myram Jarijari	R	1st Female 2,000 Certificate		2814	5	..	4794	151
2593	87	2703	Sandy Burn	R	2nd Female 20,000 Club		2703	6	..	12915	80
2487	114	2680	Robert Libeski	R	Most Rides 15,000 Club		2680	7	..	16873	64
1513	89	2625	Robert Nowinski	R	2,000 Certificate		2625	8	..	26046	36
2718	87	2559	Joseph Powers	R	2,000 Certificate		2559	9	..	8549	106
2341	80	2512	Daniel Brooks	R	2,000 Certificate		2512	10	..	4537	159
432	95	2475	Karen Sprada	R	2nd Female 60,000 Club		2475	11	..	61635	4
257	89	2468	Ian Currie	R	2,000 Certificate		2468	12	..	46595	11
2284	75	2376	Loren Danaher	R	3rd Female 20,000 Club		2376	13	..	22841	43
2297	76	2298	Julie Alesni	R	2,000 Certificate		2298	14	..	20410	53
957	72	2284	Patrick Danaher	R	50,000 Club		2284	15	..	51684	8
1079	81	2272	Fred Tahmid	R	Volunteer Of The Year Award 2,000 Certificate		2272	16	..	13672	78
165	97	2264	Brad Chase	R	75,000 Club		2264	17	..	75009	1
123	92	2260	Bob Alessi	R	60,000 Club		2260	18	..	61784	3
3105	85	2221	Katherine Cammarano	N	1st New Female 2,000 Certificate		2221	19	2221	2221	195
378	85	2118	Rebecca Ribes	R	Outstanding Service 40,000 Club		2118	20	..	40123	15
2147	69	2110	Michael Maher	R	15,000 Club		2110	21	..	15054	73
2773	79	2091	Eva Horvath	R	5,000 Club		2091	22	..	5695	140
2542	69	2085	Charles Grammer	R	10,000 Club		2085	23	..	11289	92
110	73	2030	John Kozinski	R	2,000 Certificate		2030	24	..	28439	33
235	73	1950	Joseph Puzio	R	30,000 Club		1950	25	..	31003	28
2248	64	1935	Peg Walker	R	15,000 Club		1935	26	..	16726	65
662	71	1902	Cynthia Adams	R	1,000 Certificate		1902	27	..	23725	44
71	81	1889	Bob Shires	R	1,000 Certificate		1889	28	..	97151	6
3098	59	1863	William Conrad Jr.	N	30,000 Club		1863	29	1863	1863	202
1788	64	1821	Brenda Fischer	R	1,000 Certificate		1821	30	..	30831	29
2646	51	1819	Vicky Perry	R	5,000 Club		1819	31	..	6367	133
1870	64	1809	Frank Soliz	R	1,000 Certificate		1809	32	..	27333	34
1885	44	1754	Carl Machi	R	1,000 Certificate		1754	33	..	19203	59
1249	70	1745	Matthew Luby	R	1,000 Certificate		1745	34	..	29708	32

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Men#	Rides	Total Miles	Rider Name	Men?	Award(s)	Mem#	Rank/O	New#	RankNew	Accum	RankAccum
2281	52	1709	Robert Turner	R	1,000 Certificate		1709	35	..	12432	82
571	47	1702	Ron Spohn	R	1,000 Certificate		1702	36	..	4632	150
2236	57	1698	Michelle Smith	R	1,000 Certificate		1698	37	..	8409	108
1080	64	1694	Deanna Tahmid	R	1,000 Certificate		1694	38	..	9182	102
973	54	1691	Kelly Kemah	R	1,000 Certificate		1691	39	..	23082	46
972	54	1680	Jim Kemah	R	1,000 Certificate		1680	40	..	24111	41
130	48	1624	John King	R	20,000 Club		1624	41	..	21373	50
1894	66	1594	Paul D. Aquila	R	20,000 Club		1594	42	..	20398	54
2578	53	1562	Annie Schuster	R	1,000 Certificate		1562	43	..	7478	119
2246	66	1549	Terry Tuski	R	10,000 Club		1549	44	..	11076	94
2039	46	1519	Sean McGowan	R	1,000 Certificate		1519	45	..	9332	100
1447	55	1513	Thomas A. Williams	R	1,000 Certificate		1513	46	..	22917	47
16	52	1491	David Guzman	R	1,000 Certificate		1491	47	..	38783	17
61	63	1471	Lori Harf	R	1,000 Certificate		1471	48	..	57890	5
1576	60	1437	Elaine Rubenstein	R	1,000 Certificate		1437	49	..	21606	49
651	42	1431	John Jarijari	R	1,000 Certificate		1431	50	..	7884	117
2760	49	1430	David Brown	R	1,000 Certificate		1430	51	..	2868	177
2777	55	1420	John Blumer	R	5,000 Club		1420	52	..	5607	139
1340	43	1397	Jim Kubeika	R	25,000 Club		1397	53	..	25574	37
3104	43	1391	Shawn Whitecar	N	2nd New Male 1,000 Certificate		1391	54	1391	1391	223
3106	40	1388	Leonard Epstein	N	3rd New Male 1,000 Certificate		1388	55	1388	1388	224
2816	48	1365	John Burnham	R	1,000 Certificate		1365	56	..	8184	110
2878	55	1353	Jennifer Azoif	R	1,000 Certificate		1353	57	..	3415	170
2106	40	1344	Monamed Zeid	R	1,000 Certificate		1344	58	..	17519	63
2809	42	1332	David Durkie	R	1,000 Certificate		1332	59	..	3518	169
2869	49	1314	Nancy Krzazanski	R	1,000 Certificate		1314	60	..	2506	187
1793	48	1295	Edward J. Knab	R	1,000 Certificate		1295	61	..	8603	105
1255	50	1291	Gordon Delrick	R	25,000 Club		1291	62	..	26156	38
245	40	1283	Robert Pulio	R	1,000 Certificate		1283	63	..	34125	24
306	46	1262	Diane Currie	R	1,000 Certificate		1262	64	..	48038	10
2972	41	1252	Jeff Schelling	R	1,000 Certificate		1252	65	..	3733	166
2757	39	1225	Don Crane	R	1,000 Certificate		1225	66	..	4574	157
2112	42	1224	Dan Murdoch	R	1,000 Certificate		1224	67	..	11433	89
265	42	1215	Gary Stevens	R	1,000 Certificate		1215	68	..	56703	7
1130	42	1205	Gary Schell	R	1,000 Certificate		1205	69	..	27352	31
1138	35	1193	Lucinda Griswold	R	1,000 Certificate		1193	70	..	21385	5
1396	32	1192	Terry Griswold	R	1,000 Certificate		1192	70	..	16311	69
1397	32	1192	Lucinda Griswold	R	15,000 Club		1192	70	..	15832	70
1514	37	1157	Jeff Baker	R	1,000 Certificate		1157	73	..	13762	77
2867	35	1151	Michael Richards	R	1,000 Certificate		1151	74	..	2622	185
2865	50	1148	Steve Papapanu	R	1,000 Certificate		1148	75	..	4634	155
703	47	1147	Alynn Lepie	R	40,000 Club		1147	76	..	40895	14
2769	40	1145	Jerry Boggio	R	1,000 Certificate		1145	77	..	4006	164
2617	47	1123	Michelle Lynn Bates	R	1,000 Certificate		1123	78	..	6433	131
939	27	1123	Tim Cleary	R	1,000 Certificate		1123	79	..	14690	75
1536	45	1108	Greg Heim	R	1,000 Certificate		1108	80	..	17643	62
2652	43	1107	Ronald Starasik	R	1,000 Certificate		1107	81	..	4707	154
2583	25	1092	Berry Shenberg	R	1,000 Certificate		1092	82	..	7138	121
2589	40	1090	John Krzazanski	R	1,000 Certificate		1090	83	..	1108	235
2731	32	1077	Richard Ananias	R	Year Award 5,000 Club		1077	84	..	5340	146
2701	45	1067	Jack Coombe	R	1,000 Certificate		1067	85	..	4073	163
2113	34	1064	Amy Murdoch	R	1,000 Certificate		1064	86	..	7036	123

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Member #	Rides	Total Miles	Rider Name	Member?	Awards(s)	Member #	Rank/OA	Week #	Rank/Week	Accum	Rank/Accum
2554	36	1056	James Turner	R	1,000 Certificate	1056	87	1056	..	4543	158
2772	33	1055	Bridge Baumer	R	1,000 Certificate	1055	88	2340	190
59	43	1051	Larry Raede	R	1,000 Certificate	1051	89	33264	28
1794	40	1047	Sophie Krieb	R	5,000 Club	1047	90	5505	143
3133	40	1022	Robert Nelson	N	1,000 Certificate	1022	91	1022	5	1022	239
78	41	1018	Betsy Donaher	R	1,000 Certificate 15,000 Club	1018	92	17864	61
1515	33	999	Kelly Baker	R	2,000 Certificate	999	93	15789	71
3136	40	981	Paul Ciolek	N	2nd New Female	981	94	981	6	24797	242
900	30	966	Tina Orzech	R		966	95	36602	39
461	39	948	Barbara Raede	R		948	96	6651	21
104	35	937	Mary Viggato	R		937	97	36602	21
2776	34	911	William Hovath	R		911	98	15867	211
3137	33	910	Oren Ciolek	N		910	99	910	7	910	247
122	38	905	Susan Alessi	R		905	100	34005	25
2316	33	883	Brigitte Solitz	R		883	101	9556	99
1844	26	863	Deborah Matellaro	R	5,000 Club	863	101	5333	145
1537	26	866	Janice Cochran	R		866	103	27465	35
3048	26	865	Jason Decker	R		865	104	1029	238
2472	26	852	Steven Koni	R		852	105	2845	178
3053	37	844	Michael Dusing	R	20,000 Club	844	106	2014	56
1538	37	839	John Hovath	R		839	107	11310	91
2698	26	831	Steve Forsyth	R		831	108	4720	153
212	25	826	Paul Carroll	R		826	110	31570	27
1163	26	818	John Herman	N		818	111	11137	93
3101	24	817	Greg Graesser	R		817	112	817	8	817	252
879	20	812	Frank MacDonald	R		812	113	19866	56
3052	31	805	Robert MacDonald	R		805	114	1050	237
2686	30	797	Port Panton	R		797	115	9983	96
2983	22	790	Victoria Wulf	R		790	116	1489	219
2843	26	785	Todd Strider	R		785	117	1767	205
2751	25	771	Douglas Eshard	R		771	118	1512	215
80	32	768	Bruce Jensen	R		768	119	51491	9
2577	28	723	David Arington	R		723	120	2977	175
2629	30	720	Eugene Mink	R		720	121	1423	220
2589	30	718	Mark Smith	R		718	122	4543	176
2580	22	712	Mike Smith	R		712	123	2338	191
2982	22	700	William Webber	R		700	124	1156	232
2340	26	617	Valerie Aronen	R	5,000 Club	617	125	5559	142
1104	24	605	Steve Puatier	R		605	126	6512	130
169	25	597	Ed Peters	R	70,000 Club	597	127	70306	2
2092	19	597	Al Browne	R		597	127	1919	201
2091	24	591	Keaton Ostum	R		591	129	14975	74
2714	19	590	Michael Meney	R		590	130	658	265
1769	21	564	Loren Whiting Jr.	R		564	131	9289	101
3154	19	558	Michael Viggato	N		558	132	558	9	558	273
1349	22	556	Jane Ambuster	R		556	133	12255	86
2979	17	542	Christian McGonnell	R		542	134	837	250
2853	16	526	Thomas Robinson	R		526	135	958	244
2762	21	518	Ethna Calk Buehler	R		518	136	2044	198
2587	21	497	Marion Bellows	R	20,000 Club	497	137	2058	196
2674	17	475	Rick Shoenig	R		475	139	2247	194
3015	15	463	Andy Benedict	R		463	140	764	254
2382	15	453	Sandra Kaminski	N		453	141	6258	134
3155	14	453	Luane Kocmanski	N		453	141	453	10	453	280
1119	13	445	Dennis Powell	R		445	143	19791	57
1733	15	442	John McCleary	R		442	144	6895	126
2547	17	439	Tom Howmeyer	R	5,000 Club	439	145	5164	147
858	12	421	Peter Zolo	R		421	146	18856	60
1488	13	418	Peter S. Sheenwani	R		418	147	8534	107
2740	13	414	Kevin Cheng	R		414	148	2310	192
3145	12	403	Karen Mongi	N	3rd New Female	403	149	403	11	403	286

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Member #	Rides	Total Miles	Rider Name	Member?	Awards(s)	Member #	Rank/OA	Week #	Rank/Week	Accum	Rank/Accum
234	17	386	James Sawyer	R		386	150	35856	22
459	16	367	Christine Luly	R		367	151	6203	135
926	15	366	Barbara Palazzo	R		366	152	1807	203
1572	15	359	Mark Salbeck	R		359	153	6960	124
2092	14	358	Gary Ostum	R		358	154	5992	145
157	15	353	Bruce Kennedy	R		353	155	23501	45
3144	9	346	Matthew Smith	N		346	156	346	12	346	292
1036	14	346	John Downing	R		346	156	13827	81
1038	14	340	John Downing	R		340	159	1466	221
1659	13	325	Adrienne McDonough	R		325	160	12053	87
28	12	322	Roy Tochla	R	President's Award	322	161	42975	13
2824	13	320	Daniel Brudz	R		320	162	666	266
3143	12	319	Michelle Masi	N		319	163	319	13	319	301
3061	11	318	Geoffrey Boulton	R		318	164	395	287
1195	10	314	Ronald Wakefield	R		314	165	19543	58
2346	12	314	Richard McCarthy	R		314	165	4347	160
2966	10	310	Ranee VanNatter	R		310	167	1490	217
2788	10	309	Murray Covello	R		309	168	994	241
668	10	306	Paul Schaefer	R		306	169	1270	227
3163	12	305	Edward Hutton	R		305	170	6532	109
2050	9	293	David Bowman	R		293	171	296	14	296	303
384	11	282	Lin Michalski	R		282	172	39987	16
2896	8	282	Paul Persia	R		282	173	1106	236
1868	11	278	Susan Steneman	R		278	175	8119	113
3102	9	267	Shawn Steneman	R		267	176	267	15	267	306
3127	6	267	Paul McDonald	N		267	176	267	15	267	306
2684	9	266	Jim Ingham	R		266	178	709	261
3161	8	265	Stephane Rothenberg	N		265	179	265	17	265	309
3134	7	261	Greg Korfas	N		261	180	261	18	261	312
3109	7	259	Mark Kirk	N		259	181	259	19	259	313
2739	12	256	Joe Buckle	R		256	182	1651	207
1120	9	246	Dan Schenk	R		246	184	3191	173
2683	10	242	Janice Powell	R		242	185	7766	118
2585	8	232	John O'Keefe	R		232	187	830	269
2421	10	220	Margaret Backwood	R		220	188	3567	168
3164	7	218	David Andrews	N		218	189	218	20	218	318
2104	8	216	Greg Wilmont	R		216	190	900	248
1220	7	214	Douglas Stefanski	R		214	191	4782	152
3068	7	208	Roger E. Stone	R		208	193	208	21	208	319
2177	5	202	L. Stuart Penny	N		202	194	4241	162
2951	5	202	Joann Green	R		202	195	594	271
3100	6	199	William Outburt	R		199	196	199	22	199	321
3077	4	196	Anthony Hayt	N		196	197	186	323
3149	4	195	Judy Amantia	N		195	198	195	24	195	324
3165	5	195	Janet Richards	N		195	198	195	24	195	324
3108	7	189	Jamena Turbis	N		189	198	195	24	189	324
3116	6	186	Robert Sumner	R		186	200	189	26	189	326
3145	6	183	Raymond Thomas	N		183	202	604	328
3116	5	178	David M. Smith	R		178	203	1714	329
3145	7	175	Dana Miles	N		175	203	370	288
550	4	174	Traci Cummings	R		174	204	8129	112
3111	4	173	Chad Miller	N		173	205	173	28	173	330
3100	6	170	Tohshina Munakata	N		170	206	170	29	170	332
3003	7	165	Elena Whitmore	R		165	207	184	327
977	4	160	Greg Eberhardt	R		160	208	5689	141
3153	4	157	David Savini	R		157	209	157	30	157	336
1959	2	148	Joe Paulier	R		148	210	4617	156
3073	4	148	Brian Ruelow	N		148	211	148	31	148	338
3148	7	146	Constance Trank	N		146	212	146	32	146	339

NFBC General Statistics for year to date Ride Sheets posted to 11/8/2016	2016 News	Change 15 to 16
Total Number of Miles Ridden by ALL riders:	255,788	2%
Total Number of Miles Ridden by NFBC Members:	221,160	0%
Total Number of Miles Ridden by NEW Members:	18,737	46%
Total Number of Miles Ridden by Guests:	34,628	15%
Total Number of Riders to date (all, incl. guests):	8,827	2%
Total Number of Riders to date (guests only):	1,154	11%
Total Number of Riders to date (renewed members):	7,046	-3%
Total Number of Riders to date (new members):	627	51%
Total Number of Riders to date (all members):	7,673	0%
Total Number of Renewal Members in NFBC:	348	-6%
Total Number of New Members in NFBC:	111	-11%
Number of Inactive Members (non-renewals):	2,713	6%
Number of Permanent MemberIDs Assigned:	3,172	3.5%
Total Number of Paid Members in NFBC:	459	-7%



Banquet 2016



Banquet 2016

SUPPORT THE LOCAL BIKE SHOPS THAT SUPPORT YOUR NFBC



Tom Lonzi
Owner

3687 Walden Avenue
716.651.9995

9430 Transit Road
716.688.2453

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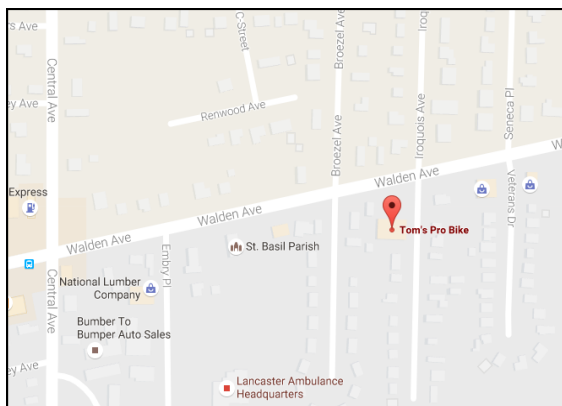
Michael & Heather Trost

www.cyclesplusonline.com

SPRING GENERAL MEMBERSHIP MEETING

WHEN: February 10, 7:00 PM

**WHERE: TOM'S PRO BIKE
3687 WALDEN AVE.**



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NIAGARA FRONTIER BICYCLE CLUB MEMBERSHIP APPLICATION

NFBC/LAB RELEASE AND WAIVER OF LIABILITY, ASSUMPTION OF RISK AND INDEMNITY AGREEMENT

In consideration of being permitted to participate in any way in the NFBC sponsored bicycling activity, I for myself, my personal representatives, assigns, heirs, and next of kin:

1. ACKNOWLEDGE, agree and represent that I understand the nature of this bicycling activity and that I am qualified, in good health, and in proper physical condition to participate in such activity. I further acknowledge that the activity will be conducted over public roads and facilities open to the public during the activity and upon which the hazards of traveling are to be expected. I further agree and warrant that if at any time I believe conditions to be unsafe, I will immediately discontinue further participation in the activity.

2. FULLY UNDERSTAND that: (a) bicycling activities involve risks and dangers of serious bodily injury, including permanent disability, paralysis and death; (b) these risks and dangers may be caused by my own actions, or inactions, the actions or inactions of others participating in the activity, the condition in which the activity takes place, or the negligence of the releases named below; (c) there may be other risks and social and economic losses whether not known to me or not readily foreseeable at this time; and I fully accept and assume all such risks and all responsibility for losses, costs, and damages I incur as a result of my participation in this activity.

3. HEREBY RELEASE, discharge, and covenant not to sue the NFBC, the LAB, their respective administrators, directors, agents, officers, volunteers, and employees, other participants, any sponsors, advertisers, and if applicable, owners and lessors of premises on which the activity takes place, from all liability, claims, demands, losses, or damages on my account caused or alleged to be caused in whole or in part by the negligence of the releases or otherwise, including negligent rescue operations; and I further agree that if, despite this release and waiver of liability, assumption of risk, and indemnity agreement I or anyone on my behalf, makes a claim against any of the releases, I will indemnify, save, and hold harmless each of the releases from any litigation expenses, attorney fees, loss, liability, damage, or cost which any may incur as the result of such claim.

I HAVE READ THIS AGREEMENT, FULLY UNDERSTAND ITS TERMS, UNDERSTAND THAT I HAVE GIVEN UP SUBSTANTIAL RIGHTS BY SIGNING IT, AND HAVE SIGNED IT FREELY AND WITHOUT ANY INDUCEMENT OR ASSURANCE OF ANY NATURE AND INTEND IT TO BE A COMPLETE AND UNCONDITIONAL RELEASE OF ALL LIABILITY TO THE GREATEST EXTENT ALLOWED BY LAW AND AGREE THAT IF ANY PORTION OF THIS AGREEMENT IS HELD TO BE INVALID THE BALANCE, NOTWITHSTANDING, SHALL CONTINUE IN FULL FORCE AND EFFECT. FURTHERMORE, I HAVE ALSO READ AND UNDERSTAND THE RESPONSIBILITIES OF A RIDER. (See below).

Name	<input style="width: 100%;" type="text"/>				
Address	<input style="width: 100%;" type="text"/>			Address Change? <input type="checkbox"/> Yes <input type="checkbox"/> No	
City	<input style="width: 50%;" type="text"/>	State	<input style="width: 20%;" type="text"/>	Zip Code	<input style="width: 50%;" type="text"/>
Email1	<input style="width: 100%;" type="text"/>			Email2	<input style="width: 100%;" type="text"/>
				Email Change? <input type="checkbox"/> Yes <input type="checkbox"/> No	

We will distribute a list of our members' email addresses, home addresses and phone numbers to NFBC club members and to local bike shops, unless you check the following spaces: NFBC ☐ NO LOCAL BIKE CLUBS ☐ NO

Primary Member/Guardian	Signature	Date		Member No.
Additional Members:			Birthdate (if under 18)	

Family Membership includes any two adults and their children under the age of 18, living at the same address.

Membership	Emailed Newsletter	Postal Newsletter
Individual	<input type="checkbox"/> \$20.00	<input type="checkbox"/> \$30.00
Family	<input type="checkbox"/> \$30.00	<input type="checkbox"/> \$40.00
TOTAL	\$	\$
Status	<input type="checkbox"/> New	<input type="checkbox"/> Renewing

Send check (payable to NFBC) along with signed application to:

NFBC Inc.
c/o Michele Smith
1537 Sundance Trail
Lakeview, NY 14085

In order to receive the Newsletter link by email, you must belong to nfbc@yahoogroups.com

In the interest of safety on the road for members of the NFBC, all riders and guests must acknowledge having read and understood the "Duties of Riders of the NFBC" statement by signing it before participating in any NFBC sponsored ride.

Duties of Riders of the NFBC By becoming a member of the NFBC, all riders represent they have the knowledge and skills necessary to minimize the risk of injury in the sport of cycling. Riders shall have the following additional duties to enable them to make informed decisions while participating in the sport of bicycling:

1. Riders must obey New York State vehicle and traffic laws. Riders are governed by the same laws as motor vehicles. Riding in an NFBC group does not give riders the right to run stop signs or traffic signals.
2. All riders must wear a Snell or ANSI approved bicycle helmet.
3. Riders should not ride beyond their limits or their ability to cope with variations in road conditions (wetness, gravel, ice, snow, potholes, etc.).
4. Riders must remain in constant control of speed and direction at all times so as to avoid contact with obstacles and with other riders.
5. Riders should familiarize themselves with verbal and posted information before riding the route. The NFBC ride facilitators do not represent the route as free of hazards to bicyclists.
6. Riders must not overtake another rider in such a manner as to cause contact with the rider being overtaken.
7. Riders make certain there is adequate safe space between themselves and the rider in front.
8. Riders should communicate with other riders by calling out and announcing the following:
 - "Car Back": warning riders in front of them that there is a car approaching from the rear and signaling to single up. It is important to pass this information along the line of riders
 - "Car Up": warning the group that a car is approaching from the front. It is important to pass the word back.
 - "Single Up": telling the group that riders need to be riding single file
 - "Car Left or Right": warning riders at intersections or other places that a car might enter the path
 - "Walker or Runner Up": warning riders there is someone on foot on the riders' side of the road.
 - "Tracks": warning riders about railroad tracks. Riders should cross at right angles to the rails.
 - "Road Kill": warning riders there is a dead animal in their path.
 - "Hole(s)": warning riders about dangerous breaks in the pavement. Sometimes riders may just point down to show that something is there instead of calling out the warning.
 - "Stopping or Slowing": warning riders of a change in speed. This may be done with a hand signal, but a call helps to avoid a problem.
 - "On Your Left or Right": warning riders that someone is passing. Riders should always pass on the left, but if they find themselves on the right, they should announce they are passing on the right.

January/February

NFBC—We ride every day

Niagara Frontier Bicycle Club
P.O. Box 211
Buffalo, New York 14226-0211

