



Great Allegheny Passage Trip





The last weekend of September, three NFBC members and I took a 5-day trip on the Great Allegheny Passage, which runs from Pittsburgh, Pennsylvania to Cumberland, Maryland. Due to coronavirus restrictions, we did not complete the final leg of this trip to Cumberland, but turned around at the Eastern Continental Divide and rode back to our origin point in West Newton, Pennsylvania. We were joined by six other cyclists from Pittsburgh, whose destination was Harper's Ferry, West Virginia. The group picture was taken at the Pinnacle of the Eastern Continental Divide, and includes the Pittsburgh group and our four from WNY. - Dave Bowman





www.nfbc.com

November/December 2020

We Ride Every Day



Wanted: Newsletter Editor(s)

Looking for a way to contribute to the Niagara Frontier Bicycle Club? The Newsletter is currently published ten times per year, and includes the ride and party schedule, as well as meeting notices and other biking articles of interest.

Duties include:

- solicit and edit articles and photos.
- compile and publish the Newsletter on the NFBC website.
- attend Board meetings.

Currently the Newsletter is prepared in Apple Pages and posted to the NFBC Website as a pdf file. Similar software will be necessary if you wish to do this.

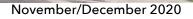
The current editors will provide previous editions and information regarding the Newsletter. We will also be available to assist you if necessary.

Newsletter editors are appointed by the elected NFBC Board members, so if you are interested, please contact any Board member!

Wanted: Sunshine Committee Chairperson

Terry Turski has been Sunshine Committee Chairperson for years and she is ready to retire! The duties are simple: on behalf of the Club, send a card to a member who is sick or injured. Information will come from members who know the situation.

If you would like to take the job, please let an officer or board member know.



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We Ride Every Day

President

Brenda Fischer (984-1415) 11 Lake Forest Pkwy Lancaster, NY 14086 president@nfbc.com

Vice-President Liz Skelton (400-6091) 38 Brandel Ave. Lancaster, NY 14086 <u>vice-president@nfbc.com</u>

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Webmaster

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Charles Grammer

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Newsletter Editors

Joan Charleson <u>jtchipin@yahoo.com</u> Mike Maher mikmar110@gmail.com





Henry Novak

NFBC Newsletter Deadline

The deadline for submission of articles to the Newsletter is the twelfth (12th) of the month preceding the month in which the information is to appear. We welcome articles or story ideas about club members or club activities and digital pictures of either, with captions. Send to Joan Charleson or Mike Maher.

Party Rules

For NFBC members, biking is number one followed by socializing with friends. Get togethers are organized by volunteers in the club who enjoy hosting parties. The host(ess) supplies the facility, main course, soft drinks and, of course, time and energy. Those who attend bring a dish to share, a beverage of their choice, and funds for the "kitty" to offset the expenses of the host. Bring a lawn chair. Be a welcomed party goer and do your share to make these get togethers continued successes for the club.

Help Spread Sunshine

On behalf of the NFBC we will send a note of cheer to someone who may need it. Notify Terry Turski (tturski@aol.com, 688-8904) or Brenda Fischer, Club President. NFBC cares about its people!



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NIAGARA FRONTIER BICYCLE CLUB MEMBERSHIP APPLICATION

NFBC/LAB RELEASE AND WAIVER OF LIABILITY, ASSUMPTION OF RISK AND INDEMNITY AGREEMENT

In consideration of being permitted to participate in any way in the NFBC sponsored bicycling activity, I for myself, my personal representatives, assigns, heirs, and next of kin: 1. ACKNOWLEDGE, agree and represent that I understand the nature of this bicycling activity, and that I am qualified, in good health, and in proper physical condition to participate in such activity, I further acknowledge that the activity will be conducted over public roads and facilities open to the public during the activity and upon which the hazards of traveling are to be expected. I further agree and warrant that if at any time I believe conditions to be unsafe, I will immediately discontinue further participation in the activity. 2. FULLY UNDERSTAND that (a) bicycling activities involve risks and dangers of serious bodily injury, including permanent disability, paralysis and death; (b) these risks and dangers may be caused by my own actions or inactions, the actions or inactions of others participating in the activity, the conditions in which the activity takes place, or the negligence of the releasees named below; (c) there may be other risks and social and economic losses whether not known to me or not readily foreseeable at this time; and I fully accept and assume all such risks and all responsibility for losses, costs and damages I incur as a result of my participation in this activity. 3. HEREBY RELEASE, discharge and covenant not to sue the NFBC, the LAB, their respective administrators, directors, agents, officers, volunteers and employees, other participants, any sponsors, advertisers, and if applicable, owners and lessers of premises on which the activity takes place. from all liability, claims, demands, losses or damages on my account caused or in legable to be caused in whole or in part by the negligence of the releasees or otherwise, including negligent rescue operations; and I further agree that if, despite this releasees and waiver of liability, assumption of risk, and indemnity agreement, I, or anyone

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Send check payable to NFBC along with signed application to: NFBC c/o Charles Grammer 2801 George St. Eden, NY 14057

www.nfbc.com



a Bike shoe Support toms pro bike Tom Lonzi Owner 3687 Walden Avenue 716.651.9995 9430 Transit Road tlonzi@tomsprobike.com 716.688.2453 4050 Southwestern Blvd. Orchard Park, NY 14127 Phone: 718-848-0028 Fax: 718-848-3829 Main Office: 1550 Niagara Falls Blvd. Tonawanda, NY 14150 Phone: 716-837-4882 Fax: 718-837-1307 Ю Tonawanda: Bertsbikes.com **Bicycles & Fitness** 7510 Transit Rd. Williamsville, NY 14221 Phone: 716-634-4882 Sales & Service Williamsville: Fax: 716-633-1138 John Jansen 100 Jay Scutti Blvd. **Director of Training** Henrietts, NY 14623 Phone: 585-424-2777 Fax: 585-424-7492 Henrietta: jansen@bertsbikes.com



Niagara Frontier Bicycle Club

The weekend of October 10 we visited our daughter Michele and her husband Russ in Fairborn, Ohio. Fairborn is in Greene County, which bills itself as the "Bicycle Capital of the Midwest". We only had time to do a thirty mile ride but what we saw was impressive, from a covered bridge crossing the trail to beautiful restaurants catering to trail users. In Xenia, which is on the trail, there is a hub where all the trails connect. Xenia is the center of the Miami Valley Bikeways, the Nation's largest paved trail network. - Mike Maher

