



# NFBC NEWSLETTER

## Dates to Remember

Fall Trash & Treasure  
Ride Saturday Oct. 12  
10 AM

Skulpture Park Bike &  
Hike Sunday October  
13th, 10 AM

NFBC General Meeting  
October 18th

NFBC Banquet  
Friday Nov. 22nd  
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Kazoo Party P.p. 12 & 13

## NFBC General Meeting

October 18th 2019

7:00 PM

Harris Hill Fire Hall

8630 Main St. Williamsville NY 14221

### Agenda Items

Ride Times. There are several suggested changes to ride start times for next season. This year's change of the weekday ride times was provisional: do we keep it or revert to previous times? A new proposal has been made to change **weekend** ride times from 10 AM to 9 AM in May and September. Another suggestion has been made to change **weekday** ride times in school months to 9:30 to avoid school buses.

Club Trips. If you have ideas about Club trips, where to go, how to make them better or more popular please add to the discussion. Also think about volunteering to help plan and organize them.

NFBC Charity Rides. The Club had a good presence at the Ride for Roswell this year and many members also participated in the Ride for Missing Children. Should we try to get more people involved in these and other charity rides? Should mileage in these rides count as Club mileage?

Banquet. Details of the Banquet will be presented.

These items will be discussed at the meeting. Plan to be there to add your thoughts. This is also the time for you to make suggestions for other issues you feel need to be addressed by the Club. Important issues will be discussed by Board members over the off - season and presented to the membership to be voted on at the Spring General Meeting. If you cannot attend the meeting, please give us your opinions via email to Michele Bates at [secretary@nfbc.com](mailto:secretary@nfbc.com) or Liz Skelton at [vice-president@nfbc.com](mailto:vice-president@nfbc.com).



# Club Picnic 2019

NFBC Celebrates 50 Years of Great Cycling

One hundred and fifty of NFBC's together at Como Park to anniversary on August 25th. After enjoyed on a picture-perfect day, an up-and-coming cycling for a spin, compliments of Tom



finest - past and present - came recognize the Club's milestone the usual array of cycling options, the riders had an opportunity to try experience by taking electric bikes and Val Lonzi, of Tom's Pro Bikes.

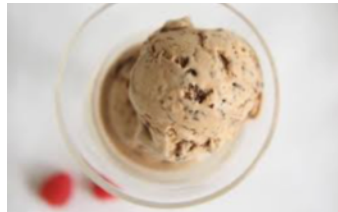
The NFBCers then proceeded to found a sizable collection of NFBC past, collected and displayed by games and provided space for members to document memorable biking moments. Ron Spohn brought his vintage big wheel bike for a touch of history. As cyclists registered, they also signed a thank you card later sent to the Club's founder, Joan Smith.

the large gazebo, where they jerseys and insignia from years Cindy Adams, who also arranged

Frank's Grille delivered a superb meal that was topped off by a wealth of desserts prepared by a number of our members who definitely know their way around a kitchen. To recognize their efforts, a judging team comprised of Ron Campanelli, John Krzyzanowski, Julie Alsani, Paula Ciolko, and Bob Franklin, assembled by Jen Adolf, chose the top three winners. They were:

1st prize - Matt Luly for his Gianduja hazelnut gelato with dark chocolate Ice Cream

2nd prize - Kathy Cammarano, for her  
3rd prize - Michele Ambor-Hutz, for Mexican cake covered with whipped



Stracciatella Gelato (milk chocolate-flecks) and Sweet Basil and Praline Nut

almond puff pastry  
her Tres Leches Cake Bike Wheel (3 milks cream and berries

Our post luncheon program was ably managed by emcee, Jim Karnath, who commanded our attention and kept us on track. Highlights included a NFBC Trivia Contest between North and South Riders titled "Wait, Wait, Don't Drop Me," that ended in a draw. (Those questions were tough!) The brave contestants were led by Elaine Rubenstein for the North Team and Bradshaw Hovey for the South Team. One

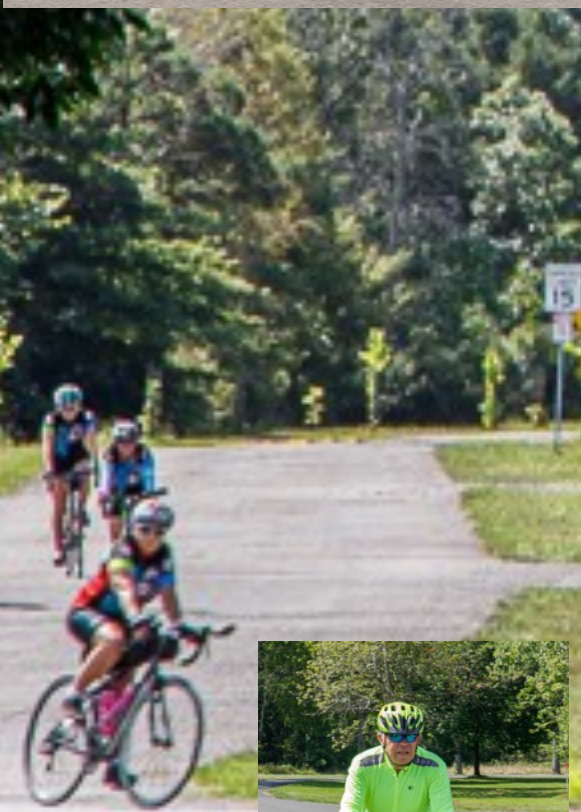
Mike and Lynn Dusing were surprised by recognition of their 50th wedding anniversary that coincided with NFBC's 50th year. Michelle Bates entertained us with NFBC-themed limericks that she and Joe Buckle created, and we were serenaded by guitarist and vocalist Jim Vozga. The festivities ended with a raffle, whose winners received gift cards generously provided by Bert's Bikes and Fitness and Tom's Pro Bikes.

A hallmark of our Club is the many volunteers who step forward to make it work. In addition to members and vendors listed above and support from the NFBC Board, the following Picnic Committee members were instrumental in making this historic picnic a fun and memorable event. Special thanks go to: Cindy Adams, Jen Adolf, Michelle Bates, Joan Charleson, Paula Ciolko, Pat Danaher (honorary), Arlyne and Richard Lepie, Gene Melnyk, Mike Maher (honorary), Rebecca Ribis (honorary), Elaine Rubenstein, and Michele Smith.











# WEEKEND RIDE SCHEDULE

October 2019

We Ride Every Day

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409	<a href="#">The Burrough</a>	Sat, Oct 5	10:00 AM	<a href="#">Elma Meadows Park (Girdle &amp; Rice Rds), Elma</a>	40 / 22	2300 / 1000	<a href="#">DIFF / MOD</a>	<b>NEEDS LEADER. VOLUNTEER HERE.</b>
707	<a href="#">Ransomville Ramble</a>	Sat, Oct 5	10:00 AM	<a href="#">Pendleton Town Hall (between Bear Ridge and Beach Ridge Rds.), Pendleton</a>	41 / 33		<a href="#">EZ</a>	<b>NEEDS LEADER. VOLUNTEER HERE.</b>
402	<a href="#">Sisson Highway</a>	Sun, Oct 6	10:00 AM	<a href="#">Parking Lot behind fire hall, Hamburg</a>	58 / 32	3100 / 1300	<a href="#">XD / MD</a>	<a href="#">Dean Sandy (71686032 61)</a>
434	<a href="#">Wilson Harbor</a>	Sun, Oct 6	10:00 AM	<a href="#">NCCC, Sanborn</a>	~30-43		<a href="#">EZ</a>	<b>NEEDS LEADER. VOLUNTEER HERE.</b>
273	<a href="#">Trash &amp; Treasure Ride</a>	Sat, Oct 12	10:00 AM	<a href="#">Chestnut Ridge Park (Casino Lot), Orchard Park</a>	31 / 21	1300 / 900	<a href="#">MD / EZ</a>	<a href="#">John Herman (7166988 222)</a>
287	<a href="#">Skulpture Park Bike &amp; Hike</a>	Sun, Oct 13	10:00 AM	<a href="#">Griffis Sculpture Park (RT 219 to Ashford Hollow, R on Ahrens, L at Y, R on Mill Valley (CR 75), to lower lot on R), East Otto</a>	34	1200 / 700	<a href="#">MOD / EZ</a>	<a href="#">Pat Danaher (310-813 6)</a>
774	<a href="#">Northtowns Tour</a>	Sun, Oct 13	10:00 AM	<a href="#">West Canal Park (Near Niag. Falls Blvd), Pendleton</a>	37 / 31	390 / 295	<a href="#">EZ</a>	<a href="#">Bob Alessi (545-3737)</a>
746	<a href="#">Ebenezer Scootch</a>	Mon, Oct 14	10:00 AM	<a href="#">West Seneca Town Hall, West Seneca</a>	44 / 33	1210	<a href="#">MD / MOD</a>	<a href="#">David Dunkle (71695103 82)</a>
27	<a href="#">Hamburg to Lake Erie</a>	Sat, Oct 19	10:00 AM	<a href="#">Parking Lot behind fire hall, Hamburg</a>	36 / 26	660	<a href="#">EZ</a>	<a href="#">Charles Grammer (716-71 3-1469)</a>
744	<a href="#">Oak Orchard</a>	Sat, Oct 19	10:00 AM	<a href="#">Russel Town Park (Clinton &amp; Main St.), Akron</a>	46 / 34		<a href="#">MOD</a>	<a href="#">Bradshaw Hovey (716-857-0 906)</a>
426	<a href="#">Belcher</a>	Sun, Oct 20	10:00 AM	<a href="#">Chestnut Ridge Park (Casino Lot), Orchard Park</a>	32 / 21		<a href="#">DIFF</a>	<b>NEEDS LEADER. VOLUNTEER HERE.</b>
761	<a href="#">East Amherst - Akron Falls</a>	Sun, Oct 20	10:00 AM	<a href="#">Williamsville East High School (off of Klein, E. Amherst), Amherst</a>	40 / 30	601 / 358	<a href="#">EZ</a>	<b>NEEDS LEADER. VOLUNTEER HERE.</b>
901	<a href="#">Clarence Day Ride</a>	Sat, Oct 26	10:00 AM	<a href="#">Community of Christ Church, Clarence</a>	~15-30		<a href="#">EZ</a>	<b>NEEDS LEADER. VOLUNTEER HERE.</b>
903	<a href="#">Elma Day Ride</a>	Sat, Oct 26	10:00 AM	<a href="#">Elma Meadows Park (Girdle &amp; Rice Rds), Elma</a>	~14-27		<a href="#">DIFF / MOD / EZ</a>	<a href="#">Pat Danaher (310-813 6)</a>
399	<a href="#">Como Park Cider Ride</a>	Sun, Oct 27	10:00 AM	<a href="#">Como Park (First parking lot on the right from the Como Park Blvd entrance), Lancaster</a>	33 / 24 / 21	820 / 486 / 453	<a href="#">MOD / EZ</a>	<a href="#">David Dunkle (71695103 82)</a>



## Weekday Ride Schedule

2019 season	NORTH		SOUTH				START	
	AM	PM	AM	PM				
Monday	x				<i>Cammarano</i>	<i>Kathy</i>	Wendleville Fire Hall	kathy.cammarano@gmail.com
Tuesday	x				<i>King Spohn</i>	<i>John Ron</i>	Ellicott Isl Ck Pk - moving to West Canal Pendleton	JEKing169a@aol.com rspoh@rocketmail.com
Wednesday			x		Marcheson	Fred	Orchard Park behind police station	baguba3@gmail.com
Thursday	x				<i>Rossi</i>	<i>Paul</i>	Como Park Lancaster	prossi7763@aol.com
Friday	x				Rimlinger	Jack	Thompson Rd church Clarence	jackrim49er@gmail.com
Friday				x	Danaher	Pat & Lore	Elma Meadows Pk	ldanaher@verizon.net
Saturday	x				Chase	Brad	Richmond Lot UB	btchase@buffalo.edu
Sunday	x				Currie	Ian	Hatch Buffalo Waterfront	ian63@roadrunner.com
Shaded cells show shared ride leader responsibility								
Italicized names are NEW this season								



# NFBC 2019 BANQUET

Friday, November 22, 2019

Shea's Seneca, 2178 Seneca Street, Buffalo, NY 14210

Come celebrate our 50<sup>th</sup> Anniversary and the end of the 2019 NFBC biking season at Shea's Seneca, located at 2178 Seneca Street, Buffalo, NY 14210 on Friday, November 22, 2019. Cash bar will be available at 6PM and a buffet dinner will be served at 7PM.

Buffet Dinner includes:

Classic Mixed Greens House Salad

Mélange of Vegetables

Pasta with Sundried Tomatoes

Oven Roasted Red Potatoes

Slow Cooked Pot Roast

Chicken Marsala

Dessert Station of Cake, Cookies, Brownies, and Assorted Dessert Squares

Coffee & Tea Service

(Gluten Free/Vegan/Vegetarian/Pescetarian option available – please note on reservation)



## Banquet Reservation Form

Please include full names of those attending and note special meal service required.

Name: \_\_\_\_\_

Gluten Free Entrée  Vegan Entrée  Vegetarian Entrée  Fish Entrée

Name: \_\_\_\_\_

Gluten Free Entrée  Vegan Entrée  Vegetarian Entrée  Fish Entrée

\_\_\_\_\_ (number of persons attending) @ \$35.00/person = \$\_\_\_\_\_

Please register and make payment by **Monday, November 11, 2019**.

Mail check (payable to NFBC) and this reservation form to:

Jennifer Adolf  
32 Carter Street  
Lancaster, New York 14086







**NFBC Officers**

**President**

Brenda Fischer (984-1415)

11 Lake Forest Pkwy  
Lancaster, NY 14086  
[president@nfbc.com](mailto:president@nfbc.com)

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Mike Maher

[mikmar110@gmail.com](mailto:mikmar110@gmail.com)





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We Ride Every Day

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### **NFBC Newsletter Deadline**

The deadline for submission of articles to the Newsletter is the twelfth (12th) of the month preceding the month in which the information is to appear. We welcome articles or story ideas about club members or club activities and digital pictures of either, with captions. Send to Joan Charleson or Mike Maher.

### **Party Rules**

For NFBC members, biking is number one followed by socializing with friends. Get togethers are organized by volunteers in the club who enjoy hosting parties. The host(ess) supplies the facility, main course, soft drinks and, of course, time and energy. Those who attend bring a dish to share, a beverage of their choice, and funds for the “kitty” to offset the expenses of the host. Bring a lawn chair. Be a welcomed party goer and do your share to make these get togethers continued successes for the club.

### **Help Spread Sunshine**

# Welcome New Members

Amy Bryan and Richard Toupin.

Total membership is 407.





# Support Your Local Bike Shop



tlonzi@tomsprobike.com

**Tom Lonzi**  
Owner

3687 Walden Avenue  
716.651.9995

9430 Transit Road  
716.688.2453



*Bicycles & Fitness  
Sales & Service*

**John Jansen**  
Director of Training

[jjansen@bertsbikes.com](mailto:jjansen@bertsbikes.com)

<b>Main Office:</b>	4050 Southwestern Blvd. Orchard Park, NY 14127 Phone: 716-646-0028 Fax: 716-646-3829
<b>Tonawanda:</b>	1550 Niagara Falls Blvd. Tonawanda, NY 14150 Phone: 716-837-4882 Fax: 716-837-1307
<b>Williamsville:</b>	7510 Transit Rd. Williamsville, NY 14221 Phone: 716-634-4882 Fax: 716-633-1139
<b>Henrietta:</b>	100 Jay Scutti Blvd. Henrietta, NY 14623 Phone: 585-424-2777 Fax: 585-424-7482





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# Kazoo Party Pictures



Photo by Ian



Photo by Ian



Photo by Ian



Photo by Ian





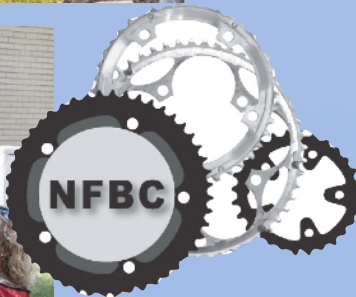


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# Niagara Frontier Bicycle Club



[www.nfbc.com](http://www.nfbc.com)