

NFBC NEWSLETTER

Dates to Remember

- Sept 1, **RIDE START TIMES WILL CHANGE!** Weekday AM rides will start at 10AM, PM rides will start at 6PM
- Monday, Sept. 1, Kazoo Labor Day Party Ride
- Sept. 27, 3PM start for Lockport Marina ride
- Oct. 17, NFBC General Meeting
- Nov. 15, NFBC Banquet

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October NFBC Elections: Proposed Slate of Officers and Board Members

The election of officers and Board Members for 2015-2016 will be held at our annual meeting on Friday, October 17, 7PM at the Harris Hill Fire Hall. The two-year term of all four NFBC officers and five members of the Board of Directors terminates at the end of 2014.



The Nominating Committee will present the following slate of officers for election at the general meeting: President—Linc Blaisdell; Vice President—Brenda Fischer; Secretary—Liz Williams; Treasurer—Joe Pizzuto; Board of Directors—Cindy Adams, Ian Currie, Dennis Powell, Jack Rimlinger, and Frank Soltiz.

President Linc Blaisdell appointed Board Member Frank Soltiz to chair and select the nominating committee; Frank chose non-Board members Julie Al-sani and Bruce Kennedy to complete the committee. The Nominating Committee was charged with preparing the slate of nominations for the four officers and five of the seven members of the Board of Directors. Two additional Board Members, the Newsletter Editor and the Membership Chairperson, are appointed.

As per the Nominating Committee guidelines, nominations for officers and Board members may also be made from the floor at the election meeting.



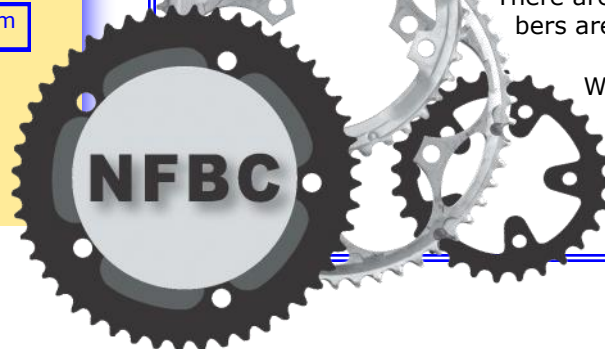
Roy's Membership Update

By Roy Tocha, NFBC Membership Chairperson



As of August 20th:
There are 499 members in the club. 140 members are new to the club.

Welcome new members Allen Dise, Steven Johnson, Dale Kurasiewicz, William Loecher, Dennis Pack, Daniel Palumbo, Sean Sanders, Adam Wojcik





NIAGARA FRONTIER
BICYCLE CLUB, INC.
We Ride Every Day

September 2014 WEEK-END RIDE SCHEDULE

| Date | Time | Ride # | Ride Name | Miles | Rating | Elev | Start Location | Ride Coordinator |
|-------------------|-----------------------|--------|--|--------------|--------------|---------------|--|----------------------------|
| Monday, Sept 01 | 10:00 Party | 328 | Kazoo Klassic II | 37 | MOD | 1800 | Evans Elementary School - Sturgeon Pt. Rd. @ Rt. 5 | Michelle Smith 479-0841 |
| Saturday, Sept 06 | 10:00 | 396 | Westwood Park to Akron Falls | 37 | EZ | 0 | Westwood Park, Erie St & Pavement Rd., Lancaster | Brenda Fischer 984-1415 |
| Saturday, Sept 06 | 10:00 | 370 | Pat's New Ride | 43/28 | Diff/MD | 1800/ 1200 | Parking Lot behind fire hall across from 44 Long Ave, | David Gonzales 861-8178 |
| Sunday, Sept 07 | 9:00 | 912 | Hatch to Welland see www.niagarafoodfestival.com | 63 | Mod | 800 | The Hatch at Erie Basin Marina | Ian Currie 907-2774 |
| Sunday, Sept 07 | 10:00 | 367 | Baghdad Bunker | 53/43 | XXX/ Diff | 4200/ 2000 | Chestnut Ridge Park, Casino Lot, Rt 277, Orchard Park | Loren Danaher 310-8136 |
| Sunday, Sept 07 | | 396 | <i>Pt. Abino Bay</i> | 35 | <i>Easy</i> | | <i>Cancelled</i> | |
| Saturday, Sept 13 | 10:00 | 730 | Lower River Rd. | 44 | Mod | 0 | HSBC Plaza Sanborn, corner of Saunder's Settlement Rt 31 and Hoover Rd., Sanborn | Sue Alessi 694-0853 |
| Saturday, Sept 13 | 10:00 | 381 | Emery Bored | 44 | MD | 1600 | Emery Park, 2084 Emery Rd., South Wales | Ron Wakefield 983-4290 |
| Sunday, Sept 14 | 10:00 | 782 | Brockport Breeze | 52/44 /35 | Mod | 0 | Elba Central School, 57 S Main St (SR98), 4 miles north of NYS Thruway Exit 48, Elba | Gerry Russell 957-6639 |
| Sunday, Sept 14 | 10:00 | 391 | Elma Meadows Picnic Long Rides (no picnic) | 45/33 | X-D/ DIFF | 2800/ 2000 | Elma Meadows Park, Girdle & Rice Rds | Vicky Perry |
| Saturday, Sept 20 | 10:00 | 738 | Lockport - Rapids | 35/29 | Easy | 0 | Amherst Museum, Tonawanda Creek S at New Rd, Amherst | Gary Stevens 822-0115 |
| Saturday, Sept 20 | 10:00 | 27 | Hamburg to Lake Erie | 36/26 | Easy | 660 | Parking Lot behind fire hall across from 44 Long Ave, Hamburg | Jody Snyder |
| Sunday, Sept 21 | 10:00 | 780 | Sand Hill Double | 32/28 | Mod/ Mod | 1160/ ? | Clarence Center Elementary School, Clarence Center Rd. | Liz Skelton 400-6091 |
| Sunday, Sept 21 | 10:00 | 387 | Zoar Valley | 42/26 | XXD/ M-D | 3100/ 1500 | Chestnut Ridge Park, Casino Lot, Rt 277, Orchard Park | Bradshaw Hovey 857-0906 |
| Saturday, Sept 27 | 3:00 | 98 | Lockport Marina | 30 | Easy | NA | Williamsville N. H.S. (Hopkins & Dodge) | Brenda Fischer 984-1415 |
| Sunday, Sept 28 | 10:00 | 705 | Indian Falls Log Cabin | 38/30 | Mod/ Mod | 0 | Russel Town Park, Clinton & Main St., Akron | Mike DeFritas 833-3606 |
| Sunday, Sept 28 | 10:00 | 288 | To Hill and Back | 51/38 | XD/Diff | 3020/ 1800 | Hamlin Park (south parking lot), S Grove St, E. Aurora | Frank Soltiz 937-6924 |

Difficulty Key: Easy = Easy Mod = Moderate MD = Moderately Difficult Diff = Difficult XD = Extra Difficult
XXD = Extra Extra Difficult

DAY OF THE WEEK RIDE SCHEDULE

| hyDAY | TIME | RIDE START | RIDE LEADER |
|------------------|------|---|---------------------------------|
| Monday | AM | Wendelville Firehall, 7340 Campbell Blvd. at Tonawanda Crk. Rd., Pendleton | Mike Dusing, 895-6423 |
| | PM | Community of Christ Church, 5030 Thompson Rd., Clarence | Rebecca Ribis, 837-0089 |
| | PM | Hamlin Park on Grove St., two blocks south of Main, second lot, East Aurora | Jim Sawyer, 884-3057 |
| Tuesday | AM | Ellicott Creek Island Park (off Niagara Falls Blvd on Creekside), Tonawanda | Alex Setlik, 692-7045 |
| | PM | West Canal Marina Park on Tonawanda Creek Rd. at Townline, Pendleton | Jim and Kathy Karnath, 688-2968 |
| | PM | Municipal parking lot off Long Ave (opposite #48) by fire hall & water tower, Hamburg | Matt Luly, 648-8988 |
| Wednesday | AM | Municipal parking lot, S. Buffalo & E. Quaker Rds., Orchard Park | Marty Payne, 997-9324 |
| | PM | St. Mary's Church at Transit & Stahley Rd., Swormsville (Clarence) | Peg Walker, 741-4616 |
| | PM | Municipal parking lot, S. Buffalo & E. Quaker Rds., Orchard Park | Frank Soltiz, 937-6924 |
| Thursday | AM | Como Park, first parking lot on the right from the Como Park Blvd. entrance, Lancaster | Karen Sprada, 684-9039 |
| | PM | Amherst Museum, Tonawanda Creek (South) and New Rds., Amherst | Marty Viggato, 570-5896 |
| | PM | St. John's Lutheran Church, 55 Pleasant Ave., east of Central Ave., Lancaster Avenue, Lancaster | Liz Skelton, 400-6091 |
| Friday | AM | Community of Christ Church, 5030 Thompson Rd., Clarence | Jack Rimlinger, 741-8512 |
| | PM | Elma Meadows Park, on Rice Rd. at Girdle, Elma | Pat and Loren Danaher, 310-8136 |
| Saturday | AM | Richmond Parking Lot (at Ellicott Complex) off Frontier Rd., UB North Campus, Amherst | Marion Reslow, 833-3615 |
| Sunday | AM | Erie Basin Marina, parking lot by the Hatch, Buffalo | Ian Currie, 601-7390 |

DAY OF THE WEEK RIDE START TIMES

| | | |
|-----------------------------|---|------------------------------|
| Sat & Sun "Breakfast Rides" | 9:00 AM all season (members usually stop for a quick diner breakfast) | |
| Weekday AM Rides | 10:00 AM in April, May, Sept. & Oct. | 9:00 AM in June, July & Aug. |
| Weekday PM Rides | 6:00 PM in April & Sept. | 6:30 from May through Aug. |

NFBC NEWSLETTER DEADLINE

The deadline for submission of articles to the Newsletter is the twelfth (12th) of the month preceding the month in which the information is to appear. We welcome articles or story ideas about club members or club activities, and digital Kodak moments themed to bicycling, with captions. Send to elaine_rubey1@yahoo.com

OFFICIAL PARTY RULES

For members of the NFBC, biking is number one, followed by socializing with friends. Get-togethers are organized by volunteers in the club who enjoy hosting parties. The host(ess) supplies the facility, main course, soft drinks and, of course, time and energy. Those who attend supply a reasonable dish to share, a beverage of their choice, and funds for the "kitty" to offset the expenses of the host. Bring a lawn chair. Be a welcomed partygoer and do your share to make these get-togethers continued successes for the club.

HELP SPREAD SUNSHINE

On behalf of NFBC we will send a note of cheer to someone who might need it. Notify Terry Turski (tturski@aol.com, 688-8904), (aka the Sunshine Committee), or Linc Blaisdell, president. NFBC cares about its people!

SEPTEMBER 2014

| SUN | MON | TUE | WED | THU | FRI | SAT |
|--|---|--|--|--|--|---|
| | 1 | 2 10 AM Tonawanda 6:00 PM Pendleton 6:00 PM Hamburg | 3 10 AM Orchard Park 6:00 PM Clarence 6:00 PM Orchard Pk. | 4 10 AM Lancaster 6:00 PM Amherst 6:00 PM Lancaster | 5 10 AM Clarence 6:00PM Elma | 6 9 AM Amherst East Pembroke Two Bottles and a |
| 7 9 AM Buffalo Wilson-Olcott Graycliff Ride | 8 10 AM Pendleton 6:00 PM Clarence 6:00 PM East Aurora | 9 10 AM Tonawanda 6:00 PM Pendleton 6:00 PM Hamburg | 10 10 AM Orchard Park 6:00 PM Clarence 6:00 PM Orchard Pk. | 11 10 AM Lancaster 6:00 PM Amherst 6:00 PM Lancaster | 12 10 AM Clarence 6:00PM Elma | 13 9 AM Amherst East Pembroke Two Bottles and a |
| 14 Wilson-Olcott Graycliff Ride | 15 10 AM Pendleton 6:00 PM Clarence 6:00 PM East Aurora | 16 10 AM Tonawanda 6:00 PM Pendleton 6:00 PM Hamburg | 17 10 AM Orchard Park 6:00 PM Clarence 6:00 PM Orchard Pk. | 18 10 AM Lancaster 6:00 PM Amherst 6:00 PM Lancaster | 19 10 AM Clarence 6:00PM Elma | 20 9 AM Amherst East Pembroke Two Bottles and a |
| 21 9 AM Buffalo Wilson-Olcott Graycliff Ride | 22 10 AM Pendleton 6:00 PM Clarence 6:00 PM East Aurora | 23 10 AM Tonawanda 6:00 PM Pendleton 6:00 PM Hamburg | 24 10 AM Orchard Park 6:00 PM Clarence 6:00 PM Orchard Pk. | 25 10 AM Lancaster 6:00 PM Amherst 6:00 PM Lancaster | 26 10 AM Clarence 6:00PM Elma | 27 9 AM Amherst East Pembroke Two Bottles and a |
| 28 9 AM Buffalo Wilson-Olcott Graycliff Ride | 29 10 AM Pendleton 6:00 PM Clarence 6:00 PM East Aurora | 30 10 AM Tonawanda 6:00 PM Pendleton 6:00 PM Hamburg | Check the Weekend Ride Schedule (page 2) for start times for weekend rides this month. The recurring day-of-the-week rides are indicated in italics. | | | |

KAZOO PARTY RIDE—LABOR DAY, Monday Sept. 1

Labor Day is traditionally the Kazoo Ride day, and we have had a party afterwards at Joan and Mike Maher’s place in Lake View for the last two years. This year it is an *Official Party Ride*, and we want to make sure everyone is aware of it and comes out and has a great time. Please bring some chairs. **Directions to the party will be provided at the ride start.**

The Kazoo Ride is a fun ride with moderate terrain. It starts at the Evans Senior Center at the Corner of Erie Road (Route 5) and Sturgeon Point Road at 10:00 AM.

Special Event: Welland Canal Ride/ Niagara Food Festival—Ian Currie



Directions: The Ride start is the Hatch (Erie Basin Marina)—same place as the Sunday Morning Ride start

The Ride: The ride is flat and 90% of it is on bicycle paths. The mileage is 63 Miles. There is an alternate return route where 50% of the ride is on back roads. The ride is scheduled to coincide with the Niagara Food Festival in downtown Welland, Ontario, providing a great lunch stop.





September Rides of Special Interest

Don't forget, this year there is a party ride for Labor Day—the Kazoo Klassic II, **Sept. 1** in Evans.

On Sunday, **September 7**, timed to coincide with the Niagara Food Festival (<http://www.niagarafoodfestival.com/>), the Welland Canal Ride, led by Ian Curry, leaves from the Hatch. The Niagara Food Festival in Welland offers **fantastic food** from local restaurants and food producers, celebrity



chefs, **live** entertainment for all ages, and much, much more. It's a great lunch stop on a ride of about 65 miles of flat, easy bike paths and quiet back roads. This ride substitutes for the Sunday breakfast ride on Sept. 7.

Hi Folks, well here it is September and we're running out of Corrigan's Rides of the Month, Ride Leaders and, well, even rides! So that is how the Elma Meadows Picnic ride on **September 14** came to be on the schedule. No, the club picnic is NOT being reincarnated but as Dennis said "why waste a great ride?" So with a little bit of arm twisting we have Vicky in her inaugural role as Ride Leader - and a picnic ride with no picnic - unless...

On Saturday, **September 27**, "the Lockport Marina" ride out of Williamsville North High will start at **3 PM** to give riders the opportunity to meet up for dinner after the ride.

Niagara Frontier Bicycle Club

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NFBC Picnic at Como Park, new venue, same good times



On August 24 over 100 NFBC members were treated to another great club picnic, this year at a new venue, Como Park. Thanks to organizer Jane Armbruster, everything fit together perfectly: the rides, weather, delicious food and drink, and, of course, the good company of NFBC members.

Darrell Skelton was the emcee for the program that, as always, included exciting raffle draws for valuable gifts.

The judges for the dessert contest had a tough duty, choosing among so many wonderful entries. The winners were 1—Lori Harf (peach cobbler), 2—Pat Peters (rhubarb strawberry crumble), 3—Sharon Gilmartin (fruit cobbler).

Many thanks go to Jane Armbruster for planning and organizing this successful NFBC event. Jane, in turn, wants to thank the many volunteers who helped. Some were recruited in advance, and others stepped forward on the spot, so if we have forgotten someone, our apologies in advance. Thanks to Betsy Dexheimer, Bob Alessi, Bradshaw Hovey, Cindy Adams, Darrell and Liz Skelton, Elaine Rubenstein, Elana Cala, Ian Currie, John and Judy Herman, Paul and Karen Sprada, Linc Blaisdell, Lori Harf, Margaret Rockwood, Marty Payne, Rebecca Ribis, Janice Powell, Mike Maher, and Tom and Sue Williams, for working to make the event a success. Thanks to all who brought ice coolers, desserts, other dishes, and beverages to share. Special thanks also to our sponsors: Tom's Pro Bike, Campus Wheelworks, Wegman's, Luigi's, and of course, the NFBC.

Photos by Ed Peters and Elaine Rubenstein

Twelve NFBC members ride across Iowa with RAGBRAI

By Lincoln Blaisdell

Twelve NFBC members spent seven days in July pedaling 457 miles from the west edge of Iowa to the Mississippi River on the east. This was the 42nd RAGBRAI—the (Des Moines) Register’s Annual Greater Bicycle Ride Across Iowa—the granddaddy of the across-the-state bicycle rides. Averaging 65 miles a day with a short day of 41 miles and a long day of 84 miles, the NFBC contingent included Linc Blaisdell, John Burnam, George Cowlie, Pat & Loren Danaher, Greg Eberhardt, Mike & Brenda Fischer, Jim & Kathy Karnath, Ron Stefanski, and Gil Wolfe.

While the rolling hills of Iowa were pretty tame, especially compared with some of the climbs in the Southtowns, to say nothing of the Rockies, we found the going tougher than we had anticipated because of the unfriendly winds that almost never blew west to east as they were supposed to. But we had a great time, especially as the scenery became prettier in the east. The first-time RAGBRAIers all expressed amazement at being part of a group of 12,000 to 18,000 cyclists sharing the same roads each day!

We all enjoyed seeing the little slice of America in the Iowa towns and mingling with other riders in the tent camps and at the church dinners. Food was abundant everywhere along the route, particularly corn, pork, and PIE! Entertainment abounded along the route as well, with many bands and singers providing music. Sometimes the noise of music and fireworks drifting from an overnight town back to the tents made it hard to get to sleep early. Some quirkier competitions added to the party atmosphere of the ride—the toilet throw, for example. And many of us took a little tour of the Frank Lloyd Wright hotel in Waverly City, the only one of the six he designed that still exists.

Because of the thousands of participants and support crew members, there were lines for everything: food, showers, porta-potties. But we learned how to deal with them, so these and other obstacles caused by the sheer mass of humanity did not dampen our delight in the week doing RAGBRAI.

Photos by John Burnham and Linc Blaisdell



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