

September 2020

We Ride Everyday

Volume 51 Issue 7

# NFBC Newsletter

## Dates to Remember

Club Banquet  
Friday , November 19,  
2021

## What's Inside

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Michelle and Jen, top fundraisers for the NFBC 2020 ESR Ride

Team NFBC had 15 riders scheduled to participate in the Empire State Ride this year. Riders would have been riding 554 miles from NYC to Niagara Falls on July 26<sup>th</sup> through August 1<sup>st</sup>. As the ride could not go on as planned, riders were challenged to ride 500+ miles during the month of July. I know of several Team NFBC riders who decided that fighting cancer is much harder than riding 500 miles in a month, so they kicked it up a notch and doubled that riding over 1,000 miles for the month. **Kudos to Joyce Warthling, Paul Rossi, Fred Marcheson, Jenny Boggio, Dave Dunkle and myself for the huge accomplishment! As a team, we raised over \$43,000. Top four fundraisers were yours truly, Michelle Lynn Bates, Fred Marcheson and JoAnn Blatner.** Great job team!

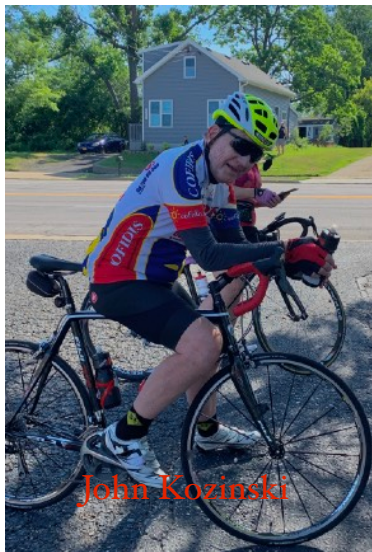


# Summer of the RIDE



This year Team NFBC for the Ride for Roswell consisted of 19 members. Although the format of the ride was changed, it did not stop our fundraising efforts. As a team, we raised over \$12,000. The top fundraiser was Michele Ambor-Hutz, raising over \$3,800. Rick Hanes raised over \$2,000 and David Bowman, John Swaine and Rob McDonald all raised over \$1,000. Several members of team NFBC joined other NFBC members and Empire State Ride riders in a unofficial Ride for Roswell metric century held on June 28, 2020. With the help of several volunteers, we were able to pull together a metric century with two fully stocked rest stops. The weather was perfect, and it was a great day to ride. Several members also participated by doing their own rides or supported rides during the Summer of Ride.

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Club Members also participated in the Summer of the Ride with various teams, raising funds for the fight against cancer. **John Kozinski** rode for the team Fighting Irish Fighting Cancer which raised \$36,000!

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The Rides listed below are the weekend rides scheduled for September. They are listed for your information and use. There will be no leader or sign in sheet at the ride and, obviously, no Club mileage will be recorded. Check the website for weekday rides. Please be safe and careful.

362	<a href="#">Clarence to Alden</a>	Sat, Sep 5	10:00 AM	<a href="#">Clarence High School, Clarence</a>	43 / 25	600 / 300	<a href="#">EZ</a>	<a href="#">Leaderless Ride ()</a>
435	<a href="#">Oom-pah-pah!</a>	Sat, Sep 5	10:00 AM	<a href="#">Chestnut Ridge Park (Casino Lot), Orchard Park</a>	37 / 24	2259 / 1183	<a href="#">XXD / MOD</a>	<a href="#">Leaderless Ride ()</a>
443	<a href="#">Mike's City Ride</a>	Sun, Sep 6	10:00 AM	<a href="#">Como Park (First parking lot on the right from the Como Park Blvd entrance), Lancaster</a>	~2 / 7	324	<a href="#">EZ</a>	<a href="#">Leaderless Ride ()</a>
370	<a href="#">Sandy's Pat's New Old Ride</a>	Sun, Sep 6	10:00 AM	<a href="#">Parking Lot behind fire hall, Hamburg</a>	43 / 28	1800 / 1200	<a href="#">DIFF / MD</a>	<a href="#">Leaderless Ride ()</a>
448	<a href="#">KazookKlassic Revised</a>	Mon, Sep 7	10:00 AM	<a href="#">Wendt Beach State Park, Derby</a>	~2 / 1-3 / 7	1273 / 686 / 676	<a href="#">MOD / EZ</a>	<a href="#">Leaderless Ride ()</a>
733	<a href="#">Royalton Center</a>	Sat, Sep 12	10:00 AM	<a href="#">The Buffalo Niagara Heritage Museum (Tonawanda Creek S at New Rd), Amherst</a>	39 / 23	404 / 148	<a href="#">EZ</a>	<a href="#">Leaderless Ride ()</a>
392	<a href="#">Flamingo Ride</a>	Sat, Sep 12	10:00 AM	<a href="#">Wales Town Park (RT 20A, 3.3 miles east of RT 400), Wales</a>	33 / 26	2000 / 1200	<a href="#">DIFF / MOD</a>	<a href="#">Leaderless Ride ()</a>
767	<a href="#">Bunker Hill Road</a>	Sun, Sep 13	10:00 AM	<a href="#">Clarence Central Elementary School (near Goodrich), Clarence</a>	34 / 25	457 / 353	<a href="#">EZ</a>	<a href="#">Leaderless Ride ()</a>
381	<a href="#">Emery Bored</a>	Sun, Sep 13	10:00 AM	<a href="#">Emery Park, Wales</a>	44	1600	<a href="#">MD</a>	<a href="#">Leaderless Ride ()</a>
780	<a href="#">Sand Hill Double</a>	Sat, Sep 19	10:00 AM	<a href="#">Clarence Central Elementary School (near Goodrich), Clarence</a>	32 / 28	1160 / 568	<a href="#">DIFF / MOD</a>	<a href="#">Leaderless Ride ()</a>
387	<a href="#">Zoar Valley</a>	Sat, Sep 19	10:00 AM	<a href="#">Chestnut Ridge Park (Casino Lot), Orchard Park</a>	42 / 26	3100 / 1500	<a href="#">XXD / MD</a>	<a href="#">Leaderless Ride ()</a>
207	<a href="#">Multiple Choice Century</a>	Sun, Sep 20	8:00 AM	<a href="#">Richmond Lot (off Frontier Rd, Ellicott Complex, SUNY at Buffalo), Amherst</a>	103	1371	<a href="#">XD</a>	<a href="#">Leaderless Ride ()</a>
205	<a href="#">Multiple Choice Short</a>	Sun, Sep 20	10:00 AM	<a href="#">Richmond Lot (off Frontier Rd, Ellicott Complex, SUNY at Buffalo), Amherst</a>	31	174	<a href="#">EZ</a>	<a href="#">Leaderless Ride ()</a>
206	<a href="#">Multiple Choice Metric</a>	Sun, Sep 20	10:00 AM	<a href="#">Richmond Lot (off Frontier Rd, Ellicott Complex, SUNY at Buffalo), Amherst</a>	62	629	<a href="#">EZ</a>	<a href="#">Leaderless Ride ()</a>
732	<a href="#">Becker Farms Fiesta</a>	Sat, Sep 26	10:00 AM	<a href="#">Nelson C. Goehle Marina (Wide Waters), Lockport</a>	41 / 34 / 27		<a href="#">EZ</a>	<a href="#">Leaderless Ride ()</a>
227	<a href="#">Boston Baked Buns</a>	Sat, Sep 26	10:00 AM	<a href="#">Parking Lot behind fire hall, Hamburg</a>	55	3229	<a href="#">XXD</a>	<a href="#">Leaderless Ride ()</a>
259	<a href="#">Half Baked Buns</a>	Sat, Sep 26	10:00 AM	<a href="#">Parking Lot behind fire hall, Hamburg</a>	34	1768	<a href="#">DIFF</a>	<a href="#">Leaderless Ride ()</a>



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## September Schedule Continued:

357	<a href="#">Lancaster on the Weekend</a>	Sun, Sep 27	10:00 AM	<a href="#">Westwood Park, Lancaster</a>	33 / 25	875 / 473	<a href="#">MOD</a> / <a href="#">EZ</a>	<a href="#">Leaderless Ride ()</a>
410	<a href="#">Dutch Hollow</a>	Sun, Sep 27	10:00 AM	<a href="#">Wales Town Park (RT 20A, 3.3 miles east of RT 400), Wales</a>				

### **Wanted: Newsletter Editor(s)**

Looking for a way to contribute to the Niagara Frontier Bicycle Club? The Newsletter is currently published ten times per year, and includes the ride and party schedule, as well as meeting notices and other biking articles of interest.

Duties include:

- solicit and edit articles and photos.
- compile and publish the Newsletter on the NFBC website.
- attend Board meetings.

Currently the Newsletter is prepared in Apple Pages and posted to the NFBC Website as a pdf file. Similar software will be necessary if you wish to do this.

The current editors will provide previous editions and information regarding the Newsletter. We will also be available to assist you if necessary.

Newsletter editors are appointed by the elected NFBC Board members, so if you are interested, please contact any Board member!

### **Wanted: Sunshine Committee Chairperson**

Terry Turski has been Sunshine Committee Chairperson for years and she is ready to retire! The duties are simple: on behalf of the Club, send a card to a member who is sick or injured. Information will come from members who know the situation.

If you would like to take the job, please let an officer or board member know.





## **NFBC Officers**

### **President**

Brenda Fischer (984-1415)

11 Lake Forest Pkwy

Lancaster, NY 14086

[president@nfbc.com](mailto:president@nfbc.com)

### **Vice-President**

Liz Skelton (400-6091)

38 Brandel Ave.

Lancaster, NY 14086

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### **Secretary**

Michelle Bates (901-6240)

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Williamsville, NY 14221

[secretary@nfbc.com](mailto:secretary@nfbc.com)

### **Treasurer**

Kathy Karnath (688-2968)

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Getzville, NY 14068

[treasurer@nfbc.com](mailto:treasurer@nfbc.com)

## **Board Members**

Cindy Adams (308-0774)

55 Rehm Road

Lancaster, NY 14086

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## **Webmaster**

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## **Membership Chair**

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Historian

Jim Vozga (462-0200)

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## **Bicycling Advocate**

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## **Newsletter Editors**

Joan Charleson

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Mike Maher

[mikmar110@gmail.com](mailto:mikmar110@gmail.com)



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# Welcome New Members

Devin Lee Zimmer, Keith Scranton, James Eaton.

## NFBC Newsletter Deadline

The deadline for submission of articles to the Newsletter is the twelfth (12th) of the month preceding the month in which the information is to appear. We welcome articles or story ideas about club members or club activities and digital pictures of either, with captions. Send to Joan Charleson or Mike Maher.

## Party Rules

For NFBC members, biking is number one followed by socializing with friends. Get togethers are organized by volunteers in the club who enjoy hosting parties. The host(ess) supplies the facility, main course, soft drinks and, of course, time and energy. Those who attend bring a dish to share, a beverage of their choice, and funds for the "kitty" to offset the expenses of the host. Bring a lawn chair. Be a welcomed party goer and do your share to make these get togethers continued successes for the club.

## Help Spread Sunshine

On behalf of the NFBC we will send a note of cheer to someone who may need it. Notify Terry Turski (tturski@aol.com, 688-8904) or Brenda Fischer, Club President. NFBC cares about its people!



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## NIAGARA FRONTIER BICYCLE CLUB MEMBERSHIP APPLICATION

### NFBC/LAB RELEASE AND WAIVER OF LIABILITY, ASSUMPTION OF RISK AND INDEMNITY AGREEMENT

In consideration of being permitted to participate in any way in the NFBC sponsored bicycling activity, I for myself, my personal representatives, assigns, heirs, and next of kin:

1. ACKNOWLEDGE, agree and represent that I understand the nature of this bicycling activity, and that I am qualified, in good health, and in proper physical condition to participate in such activity. I further acknowledge that the activity will be conducted over public roads and facilities open to the public during the activity and upon which the hazards of traveling are to be expected. I further agree and warrant that if at any time I believe conditions to be unsafe, I will immediately discontinue further participation in the activity.

2. FULLY UNDERSTAND that (a) bicycling activities involve risks and dangers of serious bodily injury, including permanent disability, paralysis and death; (b) these risks and dangers may be caused by my own actions or inactions, the actions or inactions of others participating in the activity, the conditions in which the activity takes place, or the negligence of the releasees named below; (c) there may be other risks and social and economic losses whether not known to me or not readily foreseeable at this time; and I fully accept and assume all such risks and all responsibility for losses, costs and damages I incur as a result of my participation in this activity.

3. HEREBY RELEASE, discharge and covenant not to sue the NFBC, the LAB, their respective administrators, directors, agents, officers, volunteers and employees, other participants, any sponsors, advertisers, and if applicable, owners and lessors of premises on which the activity takes place, from all liability, claims, demands, losses or damages on my account caused or alleged to be caused in whole or in part by the negligence of the releasees or otherwise, including negligent rescue operations; and I further agree that if, despite this release and waiver of liability, assumption of risk, and indemnity agreement, I, or anyone on my behalf, makes a claim against any of the releasees, I will indemnify, save, and hold harmless each of the releasees from any litigation expenses, attorney fees, loss, liability, damage or cost which may occur as the result of such claim.

I HAVE READ THIS AGREEMENT, FULLY UNDERSTAND ITS TERMS, UNDERSTAND THAT I HAVE GIVEN UP SUBSTANTIAL RIGHTS BY SIGNING IT, AND HAVE SIGNED IT FREELY AND WITHOUT ANY INDUCEMENT OR ASSURANCE OF ANY NATURE, AND INTEND IT TO BE A COMPLETE AND UNCONDITIONAL RELEASE OF ALL LIABILITY TO THE GREATEST EXTENT ALLOWED BY LAW AND AGREE THAT IF ANY PORTION OF THIS AGREEMENT IS HELD TO BE INVALID THE BALANCE NOTWITHSTANDING SHALL CONTINUE IN FULL FORCE AND EFFECT. FURTHERMORE, I HAVE ALSO READ AND UNDERSTAND THE DUTIES OF A RIDER (see NFBC website - documents).

NAME \_\_\_\_\_

STREET \_\_\_\_\_ Address Change? Y N

CITY \_\_\_\_\_

STATE \_\_\_\_\_ ZIP \_\_\_\_\_ PHONE \_\_\_\_\_

PRIMARY E-MAIL \_\_\_\_\_ Email Change? Y N

PRIMARY MEMBER NAME/GUARDIAN	SIGNATURE	DATE	MEMBER #	BIRTHDATE (if under 18)
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PRINT SECOND MEMBER NAME	SIGNATURE	DATE	MEMBER #	BIRTHDATE (if under 18)
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PRINT THIRD MEMBER NAME	SIGNATURE	DATE	MEMBER #	BIRTHDATE (if under 18)
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PRINT FOURTH MEMBER NAME	SIGNATURE	DATE	MEMBER #	BIRTHDATE (if under 18)
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MEMBERSHIP FEE: Individual - \$25 \_\_\_\_\_ Renewing Member \_\_\_\_\_ or New Member \_\_\_\_\_

Family - \$40 \_\_\_\_\_ (includes any 2 adults and their children under 18 living at the same address)

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Send check payable to NFBC along with signed application to: NFBC  
c/o Charles Grammer  
2801 George St.  
Eden, NY 14057





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# Support Your Local Bike Shop



tlonzi@tomsprobike.com

**Tom Lonzi**  
Owner

3687 Walden Avenue  
716.651.9995

9430 Transit Road  
716.688.2453



*Bicycles & Fitness  
Sales & Service*

**John Jansen**  
Director of Training

jansen@bertsbikes.com

**Main Office:**  
4050 Southwestern Blvd.  
Orchard Park, NY 14127  
Phone: 716-646-0028  
Fax: 716-646-3829

**Tonawanda:**  
1550 Niagara Falls Blvd.  
Tonawanda, NY 14150  
Phone: 716-837-4862  
Fax: 716-837-1307

**Williamsville:**  
7510 Transit Rd.  
Williamsville, NY 14221  
Phone: 716-634-4882  
Fax: 716-633-1139

**Henrietta:**  
100 Jay Scutti Blvd.  
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## Niagara Frontier Bicycle Club

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