



SPOKESMAN

Niagara Frontier Bicycle Club, Inc.

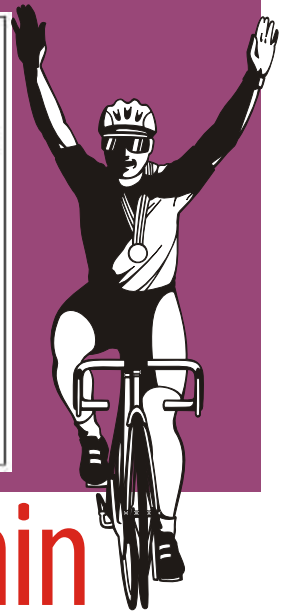
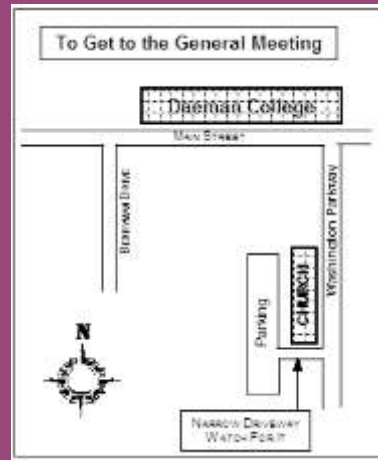
Volume XXVII

NUMBER 9

NOVEMBER/DECEMBER 2006

General Membership Meeting/Elections

Friday, November 3, 7:00 p.m.
Amherst Community Church
77 Washington Parkway
Parking and entrance behind church
Food, Soft Drinks



To Our Good Friend **Charlie Breinin**

We think about you often. Our wishes are for a full and speedy recovery.

From your friends at the NFBC

Annual Banquet

At Romanello's South

November 18, 2006

SEE PAGE 7 FOR EVENT DETAILS.

What to Do

From Now - to Then....

SEE PAGE 2



SPOKESMAN

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Ride Schedule & Activities

Date	Time	Time
November 3	7:00 PM	General Membership Meeting/Elections
November 18	6:30 PM	NFBC Annual Banquet
November 30		Cycling Resumes in 108 Days



Roy's Membership Update

Roy's October 20th EOY Membership Update
 The 471 members in the club consist of 85 families and 273 individuals. That is a total of 358 households. There are 109 new members. I have mailed out 30 map packets. A map packet is not necessary to purchase to ride with NFBC. Maps are handed out at ride starts. I hope you had an enjoyable cycling season. Have you checked out SEEBYBIKE Yahoo Groups that some of use to keep in touch? It lets you email all of the members who belong to it. Contact Richard Lepie if you are interested. Lepiegal@hotmail.com or Richard_suntreader@hotmail.com

Welcome new members; Brian Foley, Michael Dollard, Suzanne Tomkins, Matt Kandefer, Mary Pichette, James W. Bennett, Diane Hastreiter, Dr. Kevin S. Hrab, Ashley Conway, Amy & Dan Murdock

If you have something of interest to our members, email your information to rrtocha@yahoo.com. I will get it out to the members on the Web, upon Board approval.

Roy

What to Do From Now till Then

Hey stop moaning! It happens every year. Winter comes and goes, so make the most of it. Your'e not 21 any more.

MORE CYCLING-

non club sanctioned pick up rides (weather permitting) by Alex. These will be posted on the "see by bike web" site. (See Roy's update for details on how to connect to that site on the previous page). All NFBC members are able to join the "See by Bike" chatroom (or whatever it is). That's "on your left". Also look for messages from Tom Barone for more rides on the same site.

HIKING

Roy has provided these two web site links for you to hook up with some local hiking clubs. Remember the bone density article about doing exercise other than cycling. Yeayou can do it!! They are [Http://.adk.org/chapters/niagara.aspx](http://.adk.org/chapters/niagara.aspx), and www.foothillstrailclub.org

XC SKIING

The Nordic Ski Club goes xc skiing every weekend. You'll see some familiar faces, even if you can't remember their names. They car pool each Saturday & Sunday from the car pool lot at Union and Main St in Williamsville. You can also drive by your self, once you find out where they're going that day. The first meeting will be at the Wick center at Daemen College on the first or second Wednesday in December

DOWNHILL SKIING

Contact me at rjmtax@aol.com, and I'll give you any info I have on any groups doing any downhill skiing during the winter months. Some members try to get out to KB on Tuesday evenings.



Another Great Season

On behalf of the staff here at the *Spokesman* and each member of the NFBC I would like to extend a big "thank you" to the club officers, board members, ride leaders, those who fill in for the ride leaders, map makers, those who correct the maps, ya da ya da and all of you who make this club so great.

We Ride Every Day!

Ed



Biennial Elections to be held at the General Meeting

At the November 3 general meeting, the NFBC will hold its biennial election of officers and board of directors. The nominating committee has presented the following slate of officers.

President-Lincoln Blaisdell, Vice President - Jean Fredericks, Secretary-Kathy Karnath, Treasurer-Diane Currie, Directors-Ron

Wakefield, Tom Williams, Richard Lepie, William McLaughlin, and Mary Alice Tock. Nominations may be made from the floor.

The nominating committee was made up of one board member, April Dunlop and two at large members, Dennis Powell and Gary Stevens. A nice thank you to the committee. NY 14224.

NFBC Annual

Banquet

To all NFBC Members - The annual NFBC Banquet returns to Romanello's South, November 18, 6:30PM. The cost is \$25, checks made out to 'NFBC' should be sent to Diane Gaczewski, 77 Westview Drive, West Seneca,

NY 14224. Deadline for reservations is November 11. Last year's banquet was well attended and a lot of fun, so don't miss this exciting event. Don't forget awards will be presented during the evening.



October Wedding Bells Rang Out

Congratulations to Ian Currie and Diane Gaczewski!

The NFBC has spawned yet another Tandem. The big day was October 7, 2006 When wedding vows were exchanged at 14 Holy Helpers Church in West Seneca.

After the beautiful ceremony Ian and Diane celebrated their wedding with friends and relatives at a reception held in the Avanti Mansion.

Best wishes to the new couple. May they enjoy a million miles together.



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100th Anniversary