

The NFBC general meeting at a new location

The NFBC fall meeting will be at Eddie Ryan's located at 50 Central Ave Lancaster NY. There will be food and soft beverages provided. .

Oct 23rd 7pm

2009 Annual Awards Banquet Find information inside

The Welland Canal Ride from
the Erie Basin Marina9am
October 3rd

(Passport required)

SEE INSIDE FOR DETAILS

Do you have a club trip that you would like to propose to the club? Find information inside

Watch for 11am start times . it is October



OCTOBER 2009 RIDE SCHEDULE

Date	Time	Ride #	Ride # Ride Name	Miles	Difficulty	Elev	Ride Start	Start Location	Ride Leader
Sat, Cct 3	9:00 AM	912	Welland Canal	62	Easy	U	Buffalo	Hatch at Erie Basin Marina	Ian Curre 601-7390
Set, Cot 3	10:C0 AM	281	Seren Falls	82/57	QX-XXX	5300	Arcade	Muncipal Lot of Church SL in Arcade. From SR 16 go 2.8 miles east on SR 39. Turn L on Church SL. Parking Lot is one block on the right.	Ron Wakefield 877-2140
Sun. Oct 4	10:C0 AM	364	Fal Trash & Treasure	28/24	DiffiEasy	1800/600	Orchard Park	Chestnut Ridge Park, Casino Lot, Rt 277, Orchard Park	John Herman 698-8222
Sat, Cct 10	11:00 AM	732	Becker Farms Pumpkin Fest	37	Easy	U	Lockport	Nelson C Goehle Marina (Wide Weters) E Market St & Coldspring Rd , Lockport	Sue Aessi 694-0853
Sat, Cct 10	11:C0 AM	239	Octoberfest Ride	48/25	XXC	4200	Springvile	Rt. 219 Exp. to end .L on Rt 39 into Springville. R on Buffalo Rd. to perving lot on Left	Pat Danatre: 310-8136
Sun, Oct 11	11:00 AM	738	Lockport - Rapids	ß	Easy	J	Arrherst	Amherst Museum, Tonawanda Creek S at New Rd, Amherst	Liz Williams 759-8363
Sun. Oct 11	11:00 AM	370	Pat's New Ride	43/28	DIFIND	1820/1200	Натолго	Parking Lot behind fire hall across from 44 Long Ave. Hamburg	Dick Swank 992-2404
Mon, Oct 12	11:C0 AM	716	Niagara Wine Trail	34	Mod	820	Cambria	Cambria Town Hall, 4160 Upper Mountain Rd, at Cambria Rd.	Kathy Kamath 885-2958
Sat, Oct 17	11:C0 AM	760	Fort Niagara State Park	36/30	Easy	U	Niagara Falls	Niagara Falls Aquarium, 701 Whirlpool St., Niagara Falls	Jim Karnath 688-2968
Sat, Oct 17	WV 00:5	333	Run to Randolph	36	Diff	3200	Ellicotiville	Elicotivile Town Park, Elicotiville, NY	Pat Danaher 310-8136
Sat, Oct 17	9:00 AM	999	Run to the Reservoir	103/66	0-X / XXX	7000/2800	Ellicotiville	Ellicotty lie Town Park, Ellicottville, NY	Pat. Danaher 310-8136
Sun, Oct 18	11:C0 AM	205	Indian Falls Log Cabin	40/33	Easy	J	Akron	Russel Town Park, Clinton & Main St., Akron	Torry Turski 688 8904
Sun, Oct 18.	11:00 AM	2	Hamburg to Lake Erie	36/26	Easy	660	Hamourg	Parking Lot behind fire hall across from 44 Long Ave. Hamburg	Wary Payne 997-9324
Sat, Cct 24	11:C0 AM	736	Swamp Thing	43/36/28	Easy	J	Akron	Russel Town Park, Clinton & Main St., Akron	Gwen Macool 560-0215
Sat, Oct 24	11:C0 AM	106	Grape Country/Cockaigne Gallop	55/26	XXD/D/I	3930/1200	Fredonia	Public Parking Lot on Water SI, near Rt 20 @ Canadaway, Fredonia	Tarry Griswold 527-1307
Sun. Oct 25	11:C0 AM	365	Around Grand Island	25	Easy	J	Grand Islanc	Keegeben Elementary School, South Parkway and Love Rds. Grand Isand	Colin Fritz 510-4893
Sun, Oct 25	11:00 AM	340	Country Fair Ride	39	Q	2700	Orchard Park	Chestnut Ridge Park, Casino Lot. Rt 277, Orchard Park	Marty Payne 997-9324
Sat, Oct 31	11:00 AM	714	Elma Meadows	34/27	Mod/Easy	725/635	Lancaster	Comp Lake Park, Comp Park Blvd., center parking lot on left between lodge and gazebo, Lancaster	Lori Harf 801-7535
Difficulty Key	Difficulty Key: Easy = Easy	= poW	Mod = Moderate MD = Moderately Difficult		Diff = Difficu	Diff = Difficult XD = Extra Difficult		XXD = Extra Extra Difficult	

			October-09			
Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
27	28	29	30	1	2	3
	N Tonawanda 10:00 AM	Ellicott Crk 10:00 AM	Orch Park 10:00AM			
Creek Road Canter	Clarence 6:00	N. Tonawanda 6:00	E. Amherst 6:00			Welland Canal
Skulpture Park	East Aurora 6:00	Hamburg 6:00	Orchard Park 6:00	Como Park 10:00 AM	Clarence 10:00 AM	Seren Falls
4	5	6	7	8	9	10
						Becker Farms
Fall Trash & Treasure	N Tonawanda 10:00 AM	Ellicott Crk 10:00 AM	Orch Park 10:00AM	Como Park 10:00 AM	Clarence 10:00 AM	Octoberfest Ride
11	12	13	14	15	16	17
						Fort Niagara Park
Lockport - Rapids	Niagara Wine Trail					Run to Randolph
Pat's New Ride		Ellicott Crk 10:00 AM	Orch Park 10:00AM	Como Park 10:00 AM	Clarence 10:00 AM	Run to the Reservoir
18	19	20	21	22	23	24
Indian Falls Cabin						Swamp Thing
Hamburg to Lake Erie	N Tonawanda 10:00 AM	Ellicott Crk 10:00 AM	Orch Park 10:00AM	Como Park 10:00 AM	Clarence 10:00 AM	Grape Co/Cockaigne
25	26	27	28	29	30	31
Around GI						Elma Meadows
Country Fair Ride	N Tonawanda 10:00 AM	Ellicott Crk 10:00 AM	Orch Park 10:00AM	Como Park 10:00 AM	Clarence 10:00 AM	

Watch for unusual start times on the weekend rides this month.

Please arrive at the start at least 15 minutes early to sign in and get ready so all, including the ride leader, can start with the group on time.

Daily Ride Schedule

Wendelville Firehall, 7340 Campbell Blvd. at Tonawanda Creek Rd., N Tonawanda	Bob Alessi	694-0853
Community of Christ Church, 5030 Thompson Rd, Clarence	Rebecca Ribis	837-0089
Hamlin Park on Grove St, two blocks south of Main, second lot, East Aurora	Jim Sawyer	884-3057
Ellicott Creek Island Park, lot at Creekside Rd. and Niagara Falls Blvd., Tonawanda	Alex Setlik	692-7045
	Marty Viggato	570-5896
Municipal parking lot off Long Ave (opposite # 48) by fire hall & water tower, Hamburg	Matt Luly	648-8988
Municipal parking lot, S. Buffalo & E. Quaker Rds, Orchard Park	Marty Payne	997-9324
St. Mary's Church at Transit & Stahley Road, Swormsville, (Clarence)	Dennis Powell	691-6233
Municipal parking lot, S. Buffalo & E. Quaker Rds, Orchard Park	Frank Soltiz	937-6924
Como Park, first parking lot on the right from the Como Park Blvd entrance, Lancaster	Dave Klock	681-5345
Pendleton Town Hall, 6570 Campbell Blvd, between Bear Ridge & Beach Ridge Rds.	Jim Mathews	433-5317
Lancaster High School, Forton Rd at Pleasant View, Lancaster	Ed Peters	685-1965
Community of Christ Church, 5030 Thompson Rd, Clarence	Lori Harf	601-7535
Amherst Museum, Tonawanda Creek S at New Rd, Amherst *** new this year ***	Tom Williams & team	688-2981
Elma Meadows Park, on Rice Road at Girdle, Elma	John Herman	675-1944
Richmond Parking Lot (at Ellicott Complex) off Frontier Rd, UB N. Campus) Amherst	Marion Reslow	833-3615
Erie Basin Marina, parking lot by the Hatch, Buffalo	lan Currie	601-7390
	 Community of Christ Church, 5030 Thompson Rd, Clarence Hamlin Park on Grove St, two blocks south of Main, second lot, East Aurora Ellicott Creek Island Park, lot at Creekside Rd. and Niagara Falls Blvd., Tonawanda West Canal Marina on Tonawanda Creek Rd at Townline, Pendleton Municipal parking lot off Long Ave (opposite # 48) by fire hall & water tower, Hamburg Municipal parking lot, S. Buffalo & E. Quaker Rds, Orchard Park St. Mary's Church at Transit & Stahley Road, Swormsville, (Clarence) Municipal parking lot, S. Buffalo & E. Quaker Rds, Orchard Park Como Park, first parking lot on the right from the Como Park Blvd entrance, Lancaster Pendleton Town Hall, 6570 Campbell Blvd, between Bear Ridge & Beach Ridge Rds. Lancaster High School, Forton Rd at Pleasant View, Lancaster Community of Christ Church, 5030 Thompson Rd, Clarence Amherst Museum, Tonawanda Creek S at New Rd, Amherst *** new this year *** Elma Meadows Park, on Rice Road at Girdle, Elma Richmond Parking Lot (at Ellicott Complex) off Frontier Rd, UB N. Campus) Amherst 	Community of Christ Church, 5030 Thompson Rd, ClarenceRebecca RibisHamlin Park on Grove St, two blocks south of Main, second lot, East AuroraJim SawyerEllicott Creek Island Park, lot at Creekside Rd. and Niagara Falls Blvd., TonawandaAlex SetlikWest Canal Marina on Tonawanda Creek Rd at Townline, PendletonMarty ViggatoMunicipal parking lot off Long Ave (opposite # 48) by fire hall & water tower, HamburgMatt LulyMunicipal parking lot, S. Buffalo & E. Quaker Rds, Orchard ParkMarty PayneSt. Mary's Church at Transit & Stahley Road, Swormsville, (Clarence)Dennis PowellMunicipal parking lot, S. Buffalo & E. Quaker Rds, Orchard ParkFrank SoltizComo Park, first parking lot on the right from the Como Park Blvd entrance, LancasterDave KlockPendleton Town Hall, 6570 Campbell Blvd, between Bear Ridge & Beach Ridge Rds.Jim MathewsLancaster High School, Forton Rd at Pleasant View, LancasterLori HarfCommunity of Christ Church, 5030 Thompson Rd, ClarenceLori HarfAmherst Museum, Tonawanda Creek S at New Rd, Amherst *** new this year ***John HermanRichmond Parking Lot (at Ellicott Complex) off Frontier Rd, UB N. Campus) AmherstMarion Reslow

The members riding the Saturday and Sunday rides listed here usually stop at a diner for a quick breakfast along the way. Rides starting in the south towns may be somewhat hilly, while north town rides are generally on flatter roads.

Daily Ride Start Times

Sat & Sun 'Breakfast Rides'	9:00 AM all season	
Weekday Morning Rides	10:00 AM in April, May, September and October	9:00 AM in June, July and August
Weekday Evening Rides	6:00 PM in April and September	6:30 from May through August

Official Party Rules

For members of NFBC biking is number one, followed by socializing with friends. Get togethers are organized by volunteers in the club who enjoy hosting parties. The host(ess) supplies the facility, main course, soft drinks, and of course, time and energy. Those who attend usually bring a dish to share, beverage of their choice, <u>chairs</u> and funds for the 'kitty' to help offset the expenses incurred by the host(ess).

The Spokesman Deadline is the 15th of the month preceding the month in which the information is to appear.

Sue Williams is our sunshine committee chairperson. Contact her at 688-2981 when a member needs some sun.

Jim Vozga is our club historian. He will be keeping our old memorabilia safe and organized.

OFFICERS AND BOARD MEMBERS

Officers President Lincoln Blaisdell (479-9431) 4715 Ransom Road Clarence, NY 14031 linc43@roadrunner.com

Vice-President Jean Frederick (692-3611) 588 Sweeney Street North Tonawanda, NY 14120 jeanbike1@msn.com

Secretary Dennis Powell (691-6233) 1031 Tonawanda Creek Road Amherst, NY 14228 powelldj@roadrunner.com

Treasurer Kathy Karnath (688-2968) 159 Wyeth Drive Getzville, NY 14068 kkarnath@seagatealliance.com Board Members Ian Currie (601-7390) 162 Nichter Road Lancaster, NY 14086 Ian63@roadrunner.com

Brenda Fischer (683-3961) 11 Lake Forest Parkway Lancaster, NY 14086 bfischer@moog.com

John Herman (675-1944) 317 Forest Drive West Seneca, NY 14224 nikelee816@aol.com

Ron Wakefield (877-2140) P.O. Box 237 Kenmore, NY 14217 ron.wakefield@verizon.net

Liz Williams (759-8353) 4614 Hampstead Drive Clarence, NY 14031 brightbluesky9@aol.com Spokesman Editor Bob Mahaney (208-1633) 103 Wilbury Place Buffalo, NY 14216 rmahaney@austinair.com

Membership Chairperson Roy Tocha (627-7946) 11 North Eaglecrest Drive Hamburg, NY 14075 rrtocha@yahoo.com

Club Historian Jim Vozga (741-9440) 5830 Strickler Road Clarence, NY 14031 voz@aol.com

Roy's Sept. 20th EOY Membership Update

There are 487 members in the club. There are 368 households in the club. 125 members are new to the club. 90 households receive the snail mail Spokesman. NFBC is a lot greener than last year.

I hope you are having, have had, an enjoyable cycling season. The end of the cycling season is approaching. Weekend rides end the end of October, week night rides ended Sept 30th.

Welcome new members from July, August and September: Natasha S. Mendoza, Susanne Kuhn, Francisco A. Arinci, Billy MacDonald, Jim Travis, Ryan Donnelly, William D. Hobbs, Helen Biller, David Harig, Denise Rotella, Marty Griffin, Karen Vona, Chrisopher Whalen, John Baker, Jason Haag, Chris I rene, Robert L. Mele, Margaret Lockwood, Rolf Weber, Debra Filipowicz, Denise Hochul, Marc Macaulay, Chris Smith, Charles A. Miess, Peter Sullivan, Don Bartlett, Kathleen Smith

What's that about the club trips?

Procedures for proposing an NFBC Trip. As you know, any member of the club may propose a trip. Because so few members have actually proposed and planned trips, the Board of Directors has established procedures to encourage more members to try it.

Step 1: Use the form on the following page to submit your proposal to the Board by the fall general meeting of the year prior to the one in which the trip will take place. (Note: because these procedures are just being announced, the for 2010 will be accepted by mid-November.) This form will provide preliminary information so that the Board may determine if the trip sounds viable.

Step 2: If the trip is given tentative approval by the Board, the detailed planning may proceed so that they can be submitted to the Board by mid-January of the year in which the trip will take place.

It is possible that more than one trip may be approved for a particular year depending on such factors as number of days, time of year, conflicts with other proposed trips, etc.

Club Trip Proposal Form Instructions

Instructions This form needs to be filled out and sent to the Board.

Proposed Trip Dates: Alternate Trip Dates: Local Attraction: Museum(s): Special Event(s):	Where do you want to go? When would we arrive and depart from the destination If the trip's for a specific event, please note that here. Why would a tourist go here? Is there a museum to see if it's a rainy day? Is this there a festival in town? Is there a great hill to climb/avoid?
	Is there a winery, brewery, restaurant, or something great to ingest?
	Is the weather especially great?
0	Primary Contact Who do you blame?
Transportation:	Can we drive there?
	Where will we stay?
	How will you create rides/ cue sheets? Will there be any group meals included?
•	Anything we missed?

Club Trip Proposal

Destination:	Where?
	When?
Alternate Trip Dates:	Why?
Special Event(s):	
Food and/or Drink:	
Organizer #1:	Who?
Phone: E-mail: Organizer #2:	
Phone: E-mail:	
Transportation:	How?
Ride Roules.	
Comments:	Anything Else?

The NFBC General Meeting Has A New Location

The NFBC fall meeting will be at Eddie Ryan's located at 50 Central Ave (on the west side of the street, north of Broadway and south of Walden in the Village of Lancaster NY. . .

Set aside Friday October 23d and come out to the fall NFBC member meeting. at Eddie Ryan's Restaurant in Lancaster. This is a new venue for us this fall and hope you will find it an enjoyable evening of club business and socialization with your fellow members. One major item to be discussed will be the NFBC club trips and how you can play a major role. Check out the club trip proposal form and article in this newsletter. There will be food and soft beverages provided.

2009 Annual Awards Banquet

SAVE THE DATE

Go dig out your party shoes and start lining up a date for the annual 2009 NFBC banquet. This year's event will take place at the Fox Valley Country Club on Genesee St in Lancaster, on <u>FRIDAY November 13th</u>. We expect to have the same fabulous food and good times as last year, so make plans to join us, and bring your Significant Other along. Details on all the fun will appear in next month's Spokesman.

But if you were there last year, you already know what a special evening it will be. We will enjoy hand-carved roast beef and turkey breast, pasta stations with pasta dishes made to order, salad and vegetables and dessert and coffee, all prepared for us by the outstanding chefs of the FVCC. The cost of this delightful meal is, believe it or not, LOWER than last year. <u>Tickets are just \$27</u> per person

Complete the reservation form below and sent it along with your check (made out to NIAGARA FRONTIER BIKE CLUB) to <u>Liz Williams, 4614 Hampstead Dr, Clarence, NY 14031</u>

NFBC BANQUET RESERVATION FORM -	
Name	Phone
Name	Phone

Liz Williams, 4614 Hampstead Dr, Clarence, NY



 Campus WheelWorks

 744 Elmwood Ave.

 Buffalo, NY 14222

 716.881.3613

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